

M.F.A. in Dance, Florida State University: G.P.A. 3.74 Summa Cum Laude

B.A. in Dance, Loretto Heights College, Denver CO: G.P.A. 4.00 Magna Cum Laude

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Greetings. I am a veteran National Dance Master and International Choreographer with a career defined by mastery in ten dance forms, pedagogy, and artistic administration. From solo performances to originating, developing, sustaining and re-staging large-scale Ballets, Dance Works, concerts, programs and productions. This C.V. is the detailed decades-long legacy of full-time work in collaboration and innovation in the Dance field. I continue to learn every day from my student's and fellow artists. For an overview history please refer to my C.V. "overview".

Aug. 2000- March 2002 - Founder, Administrator/Executive Director, and Artistic Director Aug. 2001- March 2002 of my own professional, paid pick-up Dance company [SatchDance – One People, now morphed into Sharing Ground international](#)

Dance is not a luxury; it is a universal means of articulating and healing in the human experience. Training, Rehearsing, Performance, Research, Choreography and Administration are most profound when they emerge from accessible diverse participation. For me, this is not just a goal—it is a foundational requirement for artistic excellence.

RECENT PROFESSIONAL TEACHING. (PAST TEACHING end of CV)

Jan. 2026-
May
Invited Half-Time Lecturer in Dance, invited Artist-In-Residence, (with benefits) and recognized Kinesiologist for pre – professional – professional Dancers and Athletes.
Iowa State University of Science and Technology, Kinesiology Department, Minor In Dance, Ames, IA

Spring
Semester
2026
Same **Courses & Research** from Fall 2025, in addition to:
Ballet II 2320 – I use my SSSA Method fundamentals floor barre to standing barre, and center to re-align the bones for efficient and correct alignment. This muscle-memory allows any human body to master the Dance form of Ballet. This is IF they keep training in, preparing, and doing recovery for every class. I provide completely different barre and variations for an absolute beginning level and those that have had training before, or in any other dance form, first few weeks, depending, as I teach to the needs of levels in front of me, despite the title of the class level.

Collaborated with over 50 STEM students. This includes with the **Digital Modeling and Visualization Lab** and the **Make to Innovate (M:2:I) Lab**. Specifically, I contributed to the **HAZ-I (Helmet-integrated Augmented Zone – Interface)** project, providing somatic and movement expertise for AR Heads-Up Displays in headset "astronaut" helmets. For the one class of Kinesiology for Ballet.

Advisor of production of the Student, Faculty and Guest yearly Dance concert – Barjché – Feb. 6/7, 2026
"From This Point Forward"

ACDA - Took over 15 Dancers, two student and guest works to the North/Central ACDA, March 2026.
University of Minnesota. Faculty works do not go to ACDA at ISU to allow only student and other guest works to get feedback for experience and growth. I oversaw substitute Dancers learn and rehearse both works.

Guest Teacher at the North Central ACDA Conference – S.S.S.A. Method - Kinesiology and Introduction of Grand Plié Floor Barre Strengtheners in correct alignment class.

voting,
Advisor of Orchestis I - Auditioned new students for Dance Ensemble, emails, administration in billing, constitution, scheduling, weekly presence/advising at guest teacher class, officers meetings, and ran lights and sound.
StuPro May 2 – Student Produced Concert.
Running ETCNomad Lighting and Sound for concerts. Learned in undergrad for Musical Theatre and FSU.

Iowa State University of Science and Technology, Kinesiology Department, Minor In Dance, Ames, IA

Jan. 2026
Filled in for owner of Tri-City Perf. Arts Center as sole studio representative/coordinator for Dance Team at "ACCESS BROADWAY Competition" - Perf. Arts and Dance competition. This is Access Broadway's first year of "**DANCIN'**"...brand new all Dancing only event".
Choreographic pieces I created that competed and placed:
"Wings" – 10 year old Selah – I taught here two years of once a week 1 hour Tap Training as well
"When We Still Believed" – Team Contemporary, one year of training once a week 1.5 hour Technique training. Four 10 year old girls and one 6 year old I did not train.
Used given music by owner and designed and did own cuts and enhancements to music/soundscape f or both of these works.

Coached **"Berlin"** – 10 year old Bliss – another Choreographer's piece for Contemporary.
I had to change about a third of the dance and rehearse her extra hours. *Sante Fe Station, Las Vegas, NV*

Sept. 2025–
Dec. 2025
Invited Half-Time Lecturer in Dance, invited Artist-In-Residence (with benefits) as a recognized Kinesiologist for pre - professional to professional Dancers and Athletes.
Iowa State University of Science and Technology, Kinesiology Department, Minor In Dance, Ames, IA

Fall Semester **I am honored to have been hired to teach AND for the known effectiveness of my Heller Barre Method® (changing title to S.S.S.A. Method –**

Somatic/Stretching/Strengthening/in Alignment Method), for ALL abilities/ages of bodies to train in Ballet Technique, and professional levels of

Dance forms that require Ballet vocabulary such as Jazz, Contemporary and any other forms of Athletic Art & Sports.

I have developed, tested and refined the SSSA Method over 37 years, beginning at the Joseph Holmes Chicago Dance Theatre on the south side of Chicago. I have been teaching privates in my SSSA Method nationally for spasms, spastics, fulcrum and chronic levels of pain, and in body recovery, rehab and prevention for professional Dancers, Gymnasts, Athletes, hobbyists, and people who do the Art of these Dance forms, or any of the thousands of Dance forms and Sports on the planet, as part of their medicine for mental and physical health, ages 10 – 94 years sage.

Although mine and other floor barre methods such as The Zena Rommett Floor-Barre™ Technique, Boris Kniaeff Method, Maria Fay's Floor Barre, Stephane Cassala Floor Barre, The NYCB (New York City Ballet) Workout, and Progressive Ballet Technique by Marie Walton in Australia share similar exercises, my sequencing, use of breath work, and somatic components with Kinesiology learning from a skeleton, use of coordinating stabilization of the four core muscle group videos, to learning why each tool works as one conditions their muscles/attachments, stretches and releases their muscles/attachments, is the difference as to why mine has worked for thousands of professional and hobbyist bodies, anywhere, any Body. **Units and workshops embedded in the full 3-4 hour total S.S.S.A. Method taught in training courses or guest workshops are below:**

The four factors that determine your turn-out: how and why it changes through a lifespan

The entire 3 hour/level S.S.S.A. Method Floor Barre – Strengthening, Static Stretching and Somatic Releasing

- **Preparing to train/take class**
- **During class**
- **Optimal Static Stretching times & Static Stretches to do for every aspect in Ballet, Dance forms that require Ballet technique.**
- **Optimal Preparation and Recovery times to do Somatic Releasing and how to do them**

How to know: Using correct stabilizers in correct alignment for YOUR personal turn-out degree of the whole leg

How to know: What “pull-up” really means, correct turn-out, shoulders “down” AND still breath deeply or shallowly – the four core stabilizers

Landing Injuries & Prevention in Dance Forms, Gymnastics, Cross-Fit, Football and just about every Sport.

Serratus Anterior Stabilization for Athletes and Dancers

High Intensity Interval Training (HIIT) for Dancers & Athletes

Understanding the Pathway to Flexibility & Strength: Continuous Expansion and Maintaining

Healthy Growth and Injury Prevention for Pre-Teen and Young Adult Athletes

Jumps/Leaps

Progressions & Transitions

Relevé & Feet - Pointe

Balancing/Pivots

Psoas & Adductor/Abductor (Hip Flexor) stabilization

Food and Herbology as Fuel for Dancers and Athletes

Recentering, Rediscovering, and Returning to Movement Pathways

Return to Training After Long Breaks, Life Events, Trauma Healing

Training Resilience Through Your Dance Career

Focus and Concentration

Self-Compassion

The Importance of Sustained Focus Flow in Achieving Optimal Performance States

The Use of Intentional Self-Talk for Focus & Refocus

Effective Training: Knowing What to Say, How, and When

Improving Performance by Addressing Muscle Imbalances

Ligament/Tendon Attachment somatic releasing processes

Assessment to Warming Up what your individual Body needs Properly and Effectively

Deliberate Practice and Training: What It Means to do micro/macro Actions - Functional Movement to Dance - with Intention

The Difference Between Quantity vs. Quality & Quality vs. Quantity Training

Courses, Research

Ballet I 1300 – I use classes 2-3, 4 and sometimes class 5 to teach my S.S.S.A. Method fundamentals to standing barre, and center. Progressing to different vocabulary for mixed levels in the same class, providing completely different barre and variations first few weeks, depending, as I teach to the needs in front of me.

Advanced Independent Studies in Dance 3700 – Mentor/Advisor to current Professional Irish Dancer Reilly Sedlacek of Trinity Irish Chicago Dance collaborating with Michelle Dorrance Dancers in Tap in NYC to premier a new work at The Joyce Theatre in Feb. 2026 research. – Organized dual ISU & YC Presentation by Reilly for students live in both places over zoom.

Advisor of Orchestis I - Auditioned student Dance Ensemble – Mentor student works, administrator and production manager for the ISU Dance Scholarship concert 2025 with guest Artists Kelvin Wailey – Leila Awadallah, Emma Marlar and Laura Osterhaus, Elizabeth Ferreira and Hurley & Dancers, student works, and an original student work choreographed by Kelvin Wailey.

A.C.D.A. 2026 North-Central Conference – Administrator for dozens of hours of required aspects to be done to take students and works.

Invited Artist-In-Residence Choreographing original new work on auditioned Dancers –

“Same Breath, Sovereign Beings”. Use of projected video and original soundscape are both created by myself. Faculty works do not go to ACDA at ISU to allow only student and guest works to get feedback for experience and growth.

Modern/Contemporary genres. 6 minutes. 5 Dancers.

Working title: “Same Breath, Sovereign Beings”. Soundscape and Projections designed by me.

Sharing Ground International research - On my own time last 15 years, now doing in my Higher Ed work

- Collaborating with top scientists across several departments in creating a prototype for a proof-of-concept new Technology Space technology that doesn't exist in the world yet.

Live-in-the-space tech spaces for training of all Dance Forms with people 3 dimensionally with those in the same space over thousands of miles, zero latency. To serve the thousands of Dance forms, their expert teachers, and eager students to train from them, no matter where they live. I love the possibilities with AI and robots, but robots in live spaces will not be able to duplicate the nuance of the vast unlimited ways humans can dance. I predict being a Dancer, Dance Educator and even Choreographer still directing/editing the choreography will be top paid jobs in demand in 5 years from now. Projected data indicates the over 430 tech spaces that will be built from this prototype, trained and run by community residents starting on the south/west sides of Chicago, near the Performing Arts and Ballet School in Baghdad Iraq, and wherever I am teaching, will also generate a billion-dollar industry and hundreds more students in those departments I work in/with as well.

Iowa State University, Ames, Iowa

Aug. 2018-
Present

Lead Adjunct Professor of Dance, Yavapai College Performing Arts Department, Every Fall, Summer, Spring semesters except Summer '20 & Spring '21

- **Ballet I, II.** (sample level II barre) – I trained professional pianist Ruth Breiling these

(Sept. 2025
– April 2026
13 classes & all
Administration
of courses.)

last 8 years to be able to accompany these classes. One of four in the state of Arizona with live piano accompaniment.

- Separated the Tap/Jazz course.

- Created **Tap I, Tap II** and **Jazz I** courses, (two samples of U of Idaho Adv. Jazz).

- Grew student enrollment in all courses to double digits except **Modern I**, (sample of U of Idaho Adv. & Beg. Modern material), and Tap II I due to these courses alternating only every Spring semester, and non-access to live-in-the space classes due to covid. Students were tired of zoom when local studios were live-in-the-space during Summer '20 & Spring '21. Momentum has come back since then.

Recruitment – Drama Day each year it was held, Adjudicator for AZDEO State High School Dance Festival – including bringing original piece performed by students, 2025, Dual Irish Dance Presentation for ISU & YC over zoom 2025.

Curriculum development in progress - Allowing professional Ballet Dancers in AZ & Chicago to obtain 100% FREE or at the most affordable college degree in any subject that includes CLP – credits for learning professionals.

Collaborating with an Arizona based international singer on original choreographic work using students, etc.

Yavapai College, Prescott, AZ

Aug. 2025

Invited sub for 6 Acorn Montessori School, K-5th grade Creative Movement classes in classroom space or outside area.

Offered by Tri-City Performing Arts at Acorn Montessori School, Prescott Valley, AZ

April – July
2025

Teaching 1 class/week for 10 weeks of Privates in Heller Barre Method© - Intermediate/Advanced Ballet to adult client in her

home space. Mary Heller Dance Arts.

Private Home, Prescott, AZ

July 2025

Invited Country Western Line Dance Basics master class for singles, leading onstage – Prescott Library Celebration

Prescott Library, Prescott, AZ

March – May
2025

Teaching 1 class/week for 10 weeks of Semi - Privates in Heller Barre Method - Beginner – Intermediate Ballet for family

mother & daughter, clients at their home space. Mary Heller Dance Arts.

Private Home, Prescott Valley, AZ

Jan. – April
2025

Taught 1 class/week for 10 weeks of Privates in Intermediate/Advanced Point/Ballet to 14 year old girl client at rented studio

space. Mary Heller Dance Arts.

Elks Performing Arts Center, Prescott, AZ

Sept. – Nov.
2024

Taught 1 class/week for 10 weeks of Semi - Privates in Heller Barre Method - Beginner – Intermediate Ballet for family of 4,

parents and two sons age 12 and 14 clients at rented studio space. Mary Heller Dance Arts.

Elks Performing Arts Center, Prescott, AZ

Sept. – Nov.
2024

Taught 1 class/week for 10 weeks of Privates in Beginner K – Pop to 14 year old girl client at rented studio space. Mary Heller

Dance Arts.

Elks Performing Arts Center, Prescott, AZ

July 2024

Invited Country Western Line Dance Basics master class for couples – For music concert, and Cowgirl Country Antiques

Suze's Prescott Center for the Arts, Prescott, AZ

July 2024

EMERGENCE – Summer Intensive - Invited master class teacher for Improv with Phoenix masters in Tap,

Contemporary, Hip Hop, Jazz and Partnering.

The Movement Studio, Prescott Valley, AZ

June 2024 –
Feb. 2026

- Closed** (Sept. – Jan 2025 over zoom Weekly and in person 7 weekends)
- Hired Instructor for Adult Ballet II, Adult Tap I/II, and tween Tap I, competition team Contemporary and Tap II for 10-14 - Dance School within the Performing Arts School. Choreographer of original competition Team Dance – Contemporary genre 10 yr. old. – Choreographer of original Tap Solo 10 yr. old. – Also cut both pieces of music.**
Tri-City Performing Arts Center, Prescott Valley, AZ
- April - May 2024
- April 2024 **Taught 2 classes/week for 10 weeks of Privates in Intermediate level Ballet** to 14 year old client at rented studio space. Mary Heller Dance Arts.
Elks Performing Arts Center, Prescott, AZ
- Feb. 2024 **Invited Instructor at National FitnessFest – Festival & Expo in Heller Barre Method® & Kinesiology for Fitness/ Wellness/ Recovery.**
Ability360 Center, Phoenix, AZ
- Invited Honorary paid Moderator for the Scottsdale Performing Arts Center's Q & A with Artistic Director Linda-Denise Fisher-Harrell, and company Dancers of Hubbard Street Dance Chicago.**
Scottsdale Performing Arts Center, AZ
- October 2023 **Invited guest Teacher in Heller Barre Method®, Classic Jazz, Giordano Jazz Style and Kinesiology**
Take Five Dance Studio, Avondale (metro Phoenix area), AZ
- July 2023 **EMERGENCE – Summer Intensive - Invited master class teacher for Ballet & Kinesiology** with Phoenix masters in Tap, Contemporary, Hip Hop, Jazz and Partnering.
The Movement Studio, Prescott Valley, AZ
- Feb. – Dec. 2023 **Hired Re-stager for Artistic Director Paul Destropper's Nutcracker (using projected scenery of depth and transition) dances from his Vancouver, Canadian "Ballet Victoria Company"** – July – Dec. – All administration, auditioning, rehearsing, costume arranging and parent/child relations for Dec. 2023 company performances with over 25 auditioned local dancers age 9 – 20's – corps dancers for ACT I - *Party children, Clara's sister* and ACT II - *Arabian, Polichinelles*, (usually Mama G, in this version a pas de deux), *Russian, Mice* in Tarzapan and *Angels*.
Yavapai College, Prescott, AZ
- March 2023 – Sept. 2, 2025 (On leave due to hired at ISU) Back June 2026 **Invited Ballet & Pointe teacher for level II – IV, and Competition Team.** Privates with these Dancers too. – Sub for all other Ballet classes.
The Movement Studio, and Footlight Productions, Prescott Valley, AZ
Present present
- Aug. – Nov. 2022 **Taught 1 class/week for 10 weeks of Privates in Intermediate Tap** to Adult client at rented studio space. Mary Heller Dance Arts
Elks Performing Arts Center, Prescott, AZ
- Sept. 2022 **Subbed to assist/oversee student teacher teach for colleague teaching East Coast Swing, West Coast Swing, and Waltz**
Yavapai College, Prescott, AZ
- Jan. – July 2022 **Taught Three "Fast Track Dance classes" per week for Yavapai College's 40 plus cast of "Hello Dolly" starring Toni Tennile.** Teaching kinesiology through basic Heller Barre Method®, and Barre to achieve across the floor and center choreographic vocabulary for actors, mostly all novice –**advanced level in Ballet and Tap training.**
Yavapai College, Prescott, AZ
- Sept. 2021 – July 2022 & March 2023 – July 2024 **Requested 1class/week Privates** in basic Salsa, Bachata, Cha Cha, and Basic Swing to client at their home.
Mary Heller Dance Arts
Yavapai Hills, Prescott, AZ
- July 2021 **Requested teacher to teach the "Wagnor Walk"** a dance out of Philadelphia to four clients over four classes.
Mary Heller Dance Arts
Forest Villas Hotel, Prescott, AZ
- May 2019 **League of Women Voters of Arizona Convention – 99 years of Empowering Voters & Defending Democracy**
Invited teacher of a BeMoved® class for all attendees.
Marriot Hotel, Prescott, AZ
- Nov. 2019 & Nov. 2018 **Invited Creative Movement workshop teacher for fifteen 3-5 yr. olds, Festival of Trees,** Hosted by Prescott Gateway Mall
Gateway Mall, Prescott, AZ
- Feb. 2019, Feb. 2018, **Invited Creative Movement Workshop teacher** for caregivers/parents – birth – five yrs. old. Sponsored by First Things First.
Organized by Salli Maxwell – smaxwell@arizonaschildren.org
Prescott Public Library, Prescott, AZ
- Jan. - April June – July Sept. – Dec. 2018 **By request of local community – Keep Dancing - Modern 40+**
Elks Theatre Performing Arts Center, and SWITCH Perf. Arts Prescott area, AZ

- Feb. – March
Sept. – Dec.
2017 **Invited Teaching Dance Artist for *heART On Wheels – Meals On Wheels – Creative Aging*** Arizona Commission on the Arts grants funded through Meals on Wheels, Central Arizona *Private Homebound, Prescott, AZ*
- June 2016 –
Present ***Sharing Ground*** Invited launch at Juneteenth, Phoenix, AZ – Sister Sledge Camille read text and choreography I wrote and danced - International for-profit Tech space, and Dance Company sharinggroundinternational.com – currently accepting investors, in R & D. *Headquarters - wherever I am living, Chicago, Iraq*
- May 2016 –
2020 **Invited Teaching Artist for my “*Your Movement is Your Biography*” - *Creative Aging Choreographic Tools & Music Workshops*** with David Sorensen, Musician *Alta Vista Living Home, Prescott, AZ*
- Sept. 2015 –
2021 ***Ballet/Tap* through the methodology of *Creative Movement* for 3-6 yr. olds, *Adult Tap Workshop, Heller Barre Practice®*, *Modern 40+*, teacher on call for Ballet, Jazz & Contemporary** *SWITCH Performing Arts, Prescott, AZ*
- Jan. 2014 –
Present **Mary Heller Dance Arts – classes offered: *Heller Barre Practice®*, *Beg. – Advanced Ballet, Pointe, Modern, Jazz, Tap, Contemporary, Improv and Contact Improv Techniques, Hip Hop, Fundamentals of Partnering, Somatics, Creative Movement* for 3-5 yr. olds and Teachers, *Choreography, Wellness Advising & Change Health, Gain Wealth®* retreats for teens and adults. **By request only** - Locations on marychoreographer.com - *Heller Barre Method®* offered via skype, i.e. Santa Barbara, CA *State Street Ballet* dancer, and in-person in private homes, locations for privates, semi-privates, including [Forest Villas Hotel](http://ForestVillasHotel.com). *Prescott, Prescott Valley, Chino Valley, AZ***
- Aug. 2015 **Some elements of my Heller Barre Method® were used by Coach Leo to train Men’s 2024 Team Gymnastic Olympian Paul Ruda for several years, 2015 – 2020, where he trained at before going to Michigan State University.**
Buffalo Grove Dance & Gymnastics, Buffalo Grove, IL
- Sept. 2013 –
Present ***BeMoved® Artistry & Gentle BeMoved® Elite, Certified Artistry Instructor – 22 genres and 3 levels*** – Weekly classes for the athlete to assisted living homes. Featured on AZ TV, AZKNAU radio, AZKQNA radio, *Senior Connection, AZ Creative Aging*, and many local medical centers & expo Locations on marychoreographer.com & BeMovedDance.com
- *For at least two hours a week the last 14 years I have been teaching basic and higher vocabulary from “Back-Up Singer Moves”, “Bollywood”, “Disco”, Gospel Pop”, “Latin Rhythms”, “Movin’ & Groovin”, “Pop On Broadway”, “Pump Up The 80’s”, “Rhythm Country & Blues”, “Roaring 20’s”, “Sensual Salsa”, “Soul Town Funk”, “Soulful Flow”, “Steps That Swing”, “Stylized 60’s”, “Theatrical Jazz (Fosse technique)”, “Wild, Cool & Swinging”, “World Beat Fusion”, and more.*
Prescott, Prescott Valley, & Chino Valley, AZ
- Oct. 2013 – 2018 **Invited Guest Teacher of *Contemporary/Modern Technique, Contact Improv* and Mentor for *Independent Study* courses.** *Prescott College, Prescott, AZ*
- Aug. 1995 –
Present **Women’s U.S.A.G./A.A.U. Competitive Gymnastic Floor Routine Music Mixer Region 5**
- July 2002 – 2019 **Invited Master Dance Technique classes/clinics for U.S.A.G Competitive, A.A.U. & High School Women and Men Gymnasts** - Strengthening/Stretching, Beam and Floor technique/presentation through Ballet, Jazz and Modern
Buffalo Grove Gymnastics- '19 (IL)
Bartlett Gymnastics – '01 (IL)
American Academy Gymnastics – '04 (IL) Region 5
- Aug. 1994 -
Present **Choreographing/Teaching over 260 U.S.A.G Women’s level 7 - Elite Gymnastic Floor Routines – and Dance Technique Ballet, Jazz, and Contemporary classes, Heller Barre Practice® for Women & Men gymnasts** by request
'94 – '19 , Buffalo Grove Dance & Gymnastics Center, (IL)
(closed during covid in 2020 after 30 years)
'98- '01 Bartlett Gymnastics (IL)
'04 - '06 American Academy Gymnastics (IL)
'02 – '04 International Gold Gymnastics (FL)
'08 – '09 Palouse Empire Gymnastics (ID)
'15 - present, Prescott YMCA Gymnastics (AZ)
- These routines have traveled the U.S. with one routine [touring South America](#), (Lindsey Borkan), and Kristopher Zimmerman, David Sender and Beth Kleinman being Junior Olympians.**
- 2024 US Olympian Men’s Gymnastic Team’s Paul Ruda, Bronze Winner with U.S.A. Men’s Team, trained in Mary’s Heller Barre Method© at BGDGC in IL, before going to Michigan State University.**
- Nov. 2017 –
April 2018 **Invited Guest PR barder paid Choreographer/Teacher/Performer – 2nd. Annual *Dancing For The Stars* by the Boys & Girls Club of Central Arizona** <https://youtu.be/SZLPI7QilaM> *Elks Theatre, Prescott, AZ*
- Aug. 2017 **Invited Guest *Heller Barre Practice®* Instructor** *Larkin High School, Elgin, IL*
- April 2017,
June 2017 **By request of local community Cl’ers – *Beginners Contact Improvisation Technique Workshop***
Elks Theatre Performing Arts Center, Prescott, AZ

- Feb. - April 2017 **Invited Guest stipend paid Choreographer/Teacher/Performer – 1st. Annual *Dancing For The Stars* by the Boys & Girls Club of Central Arizona** - April, 2017 <https://youtu.be/D4Uo6FYN2A8> - (1:40 in video) Full article here <http://dcourier.com/news/2017/apr/23/dancing-stars-huge-success-photos-video/> Won “Most Comedic” Dance
Elks Theatre, Prescott, AZ
- Dec. 2016 **Invited Teaching Artist for *Your Movement Is Your Biography Workshop & Gentle BeMoved®***
New Haven Living & Memory Care, Kyle, TX
- July – Aug. 2014 ***Urban Bush Women’s Summer Leadership Institute*** – applied & accepted dancer, researcher and co-creator in “Soul Deep”, a culminating production of the 100+ participants/artists of the institute choreographed by **Jawole Willow Jo Zoller & Company – Subject: Understanding and Dismantling Internalized Racism** for BIPOC and selected socially constructed white people.
Tulane University, New Orleans, LA
- July 2012 – Feb. 2013 Please see **CHOREOGRAPHY/CREATIVE WORK** for current research being done being done at this time, and
Choreographing U.S.A.G Women’s Gymnastic Floor Routines *Chicago, IL*
- Aug. 2011 to July 2012 ***BeMoved® Certified Instructor, and Floor Barre Fit Instructor*** – Weekly classes & Featured at *Family Fun Nights* in
Moscow, ID
- Please see **CHOREOGRAPHY/ CREATIVE WORK** for current research being done at this time as well.
Nourish Yoga, Church of the Nazarene, and University of Idaho, Moscow, ID
- April 2012 **Invited Step Teacher for 1 hour master class**-Dance In Society class group
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- Invited 1950’s Dance Genre Teacher** Moscow Community Theatre Membership Party
Kenworthy Performing Arts Center, Moscow, ID
- March 2012 **Invited Guest Teacher of Adv. Jazz, Adv. Modern and BeMoved®** - presented by Phase Collaborative Dance Project, Isabelle’s Dance Time & the Inland Northwest Dance Association
Isabelle’s Dance Time, Veradale, WA
- Invited to Clean Dance for Moscow’s Junior Miss** *Moscow High School, Moscow, ID*
- Jan.-May 2011 **Full-Time Lecturer in Dance and Coordinator of Dance 105 Instructors/Classes including overseeing European, Latin Ballroom, Hip Hop and Tap classes level I-II – Courses I taught – Adv. Modern, Adv. Jazz, Int. Jazz, Dance In Society, Doing almost all administration in hosting the Northwest region’s ACDFA Conference:** American College Dance Festival Association, (includes the dancers in my work to be rehearsed and ready to perform with 4 new cast members, and helping in details of actually running the conference smoothly), **Overseeing Dance Theatre Choreography for “Dancers, Drummers, Dreamers” AND Rehearsal Director/Dancer** for auditioning, restaging and rehearsing **Sherry Zunker’s *Sing, Sing, Sing*** <https://youtu.be/Kx46HIPLcvM> for “Dancers, Drummers, Dreamers” as well as performing in May tour.
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- Dec. 2010 **Clean other Choreographer’s Floor Routines for U.S.A.G. level 7, 8 & 9 Competitive Women Gymnasts**
Palouse Empire Gymnastics, Moscow, ID
- Aug. - Dec. 2010 **Full-Time Lecturer in Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught – Beg. Modern, Adv. Jazz, Int. Jazz, Int. Tap, Dance In Society, Dance Theatre** (includes producing & directing the only Professional Dance Concert for Fall semester), Rehearsal Director for Susan Hadley original piece created on UI auditioned dancers, *Class*. **Administrator Coordinator in hosting the Northwest region’s ACDFA Conference in 2011** **Researching/Preparing ideas on promoting the DAN 105 Program.**
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- July 2010 **Ballet, Pointe, Jazz, Modern & Somatic** Instructor for Intermediate and Advanced (12-18 yr. olds)
NorthWest Dance Center, Pullman WA

- Main Guest Artist- Jazz/Hip Hop class and Repertory for week-long workshop – Dance Idaho! (12-up with 3 years ballet experience) (Choreographer of Class Above for Showcase)**
Festival Dance Performing Arts, Moscow, ID
- June 2010 **Jazz Instructor** (8-10 yr. olds) *Festival Dance Performing Arts, Moscow, ID*
- Jan. – May 2010 **Full-Time Lecturer in Dance - Courses I taught –**
Adv. Modern,
Adv. Jazz,
Int. Jazz,
ACDFA: American College Dance Festival Association (includes organizing dancers to go and participate, including choreography chosen for Gala),
Administration to tour “Dancers, Drummers, Dreamers”,
Sole Administrator in hosting the Northwest region’s ACDFA Conference in 2011
Researching/Preparing ideas on promoting the DAN 105 Program.
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- March 2010 **Finding Core Strength, Loosing the Rest Instructor ACDFA:** American College Dance Festival Association – Northwest Region
Weber State University, Ogden, UT
- Aug. - Dec. 2009 **Full-Time Lecturer in Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Beg. Modern,
Adv. Jazz,
Dance In Society,
Dance Pedagogy (including implementing, organizing facilitating and assessing twenty-two 7-12 grade dance studio and Moscow High School **internships**, one local dance studio owner **panel discussion and university student learning service in teaching in the Climate Control Sustainability Conference**.),
Children’s Dance (including student service learning/outreach) AND
Dance Theatre (includes producing & directing the only Professional Dance Concert for Fall semester)
On call to teach all levels of Ballet & Point. *University of Idaho, HPERD Department, Dance Program, Moscow, ID*
- July 2009 **Jazz, Floor Barre & Beam Master Classes for U.S.A.G. Competitive Gymnasts**
American Academy Gymnastics, Wheeling, IL
- Jan. – May 2009 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Adv. Modern,
Adv. Jazz,
Int. Jazz,
Dance In Society,
Children’s Dance (including implementing, organizing, facilitating and peer to peer assessing **Teaching Practicums** through one-way teleconferencing at West Park Elementary Kindergarten)
ACDFA: American College Dance Festival Association (includes organizing dancers to go and participate & the dancers in my work to be rehearsed and ready to perform incl. 4 new cast members.), AND
Overseeing Dance Theatre Choreography for “Dancers, Drummers, Dreamers”.
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- March 2009 **Adv. Contemporary Jazz and Finding Core Strength, Loosing the Rest Instructor ACDFA:** American College Dance Festival Association – Northwest Region
Utah Valley University, Orem, UT
- Aug. - Dec. 2008 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Beg. Modern,
Adv. Jazz,
Dance In Society,
World Dance,
Children’s Dance (including implementing, organizing, facilitating and assessing with ASUI five 1st-3rd. grade **Practicums** at West Park Elementary, Russell Elementary, and two University of Idaho Children’s Center Practicums) AND
Dance Theatre (includes producing & directing the only Professional Dance Concert for Fall semester)
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- October 2008 **Guest Instructor –University of Idaho CORE Discovery *The Power of Play-*** Exploration in guided movement improvisation,
Professor: Melanie-Angela Neuilly **Contact Information:** Phinney Hall, room 314, (208) 885-4489, mneuilly@uidaho.edu
University of Idaho, Department of Sociology, Anthropology, and Justice Studies Moscow, ID
- July 2008 **Co-coordinator, Modern Repertory Instructor for one week workshop – Dance Idaho! (12-up with 3 years experience) –**
Eugene Ballet’s Mathew McKinney (Choreographer of Class Above for Showcase) Collaboration between *University of Idaho, HPERD (Health, Physical Education, Recreation and Dance), Department, Dance Program,* and resident dance school for k-up.
Festival Dance Performing Arts, Moscow, ID

- Jan. – May 2008 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Adv. Modern,
Adv. Jazz,
Int. Jazz,
Composition II:
 - **Choreography and the Creative Process**
 - **Choreographic Tools in Labon Movement Analysis**
 - **Five umbrella ways neurologically humans learn choreography, and why in the brain**
 - **Choreographing Through the Negative Space**
 - **Play as Creativity Character and Expression in Dance**
 - **Forming a Collaborative Dance Community – More than Skill**
 - **Group Collaborations and Exchanges Effective Group Work****Dance In Society, Children’s Dance** (including implementing, organizing, facilitating and assessing with ASUI 5 1st-3rd. grade Practicums at West Park Elementary, and four University of Idaho’s Children’s Center practicums) AND
 Overseeing **Dance Theatre Choreography for “Dancers, Drummers, Dreamers”**.
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- Aug. - Dec. 2007 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Beg. Modern,
Adv. Jazz, Dance In Society,
Dance Pedagogy (including implementing, organizing facilitating and assessing fifteen 7-12 grade dance studio AND
Internships, two local dance studio owner panel discussions, and outreach teaching at Moscow High School),
Children’s Dance (including implementing, organizing, facilitating and assessing two in class **practicums**, 4th grade practicum at Lena Whitmore Elementary and a one k-6 dance studio internship) AND
Dance Theatre (includes producing & directing the only Professional Dance Concert for Fall semester).
 On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- July 2007 **Co-coordinator, Jazz Repertory Instructor for one week workshop – Dance Idaho! (12-up with 3 years experience) –**
Lineage Dance Company, resident professional company from L.A. (Choreographer of Class Above for Showcase)
 Collaboration between *University of Idaho, HPERD (Health, Physical Education, Recreation and Dance), Department, Dance Program*, and resident dance school *Festival Dance Performing Arts, Moscow, ID*
- March 2007 **Adv. Jazz and Conditioning for Dancers Instructor - ACDFA:** American College Dance Festival Association – Northwest Region
University of Montana, Missoula, MT
- Jan. – May 2007 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Adv. Modern,
Adv. Jazz,
Dance In Society,
Recreational Dance Forms,
ACDFA: American College Dance Festival Association
 (includes organizing dancers to go, participate, and receive credit), AND
 Overseeing **Dance Theatre Choreography for “Dancers, Drummers, Dreamers”**.
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- Feb. 2012,
 2011, 2010,
 2009, 2008 &
 2007 **Invited Clinician to teach**
Steppin,
Afro-Jazz,
Bollywood and Rat Pack BeMoved® Master classes for the Lionel Hampton International Jazz Festival – (A 2008 National Medal for the Arts Recipient, first public University to be awarded)
University of Idaho, HPERD Department, B.S. In Dance, Moscow, ID
- Aug. - Dec. 2006 **Full-Time Lecturer of Dance and Coordinator of Dance 105 Instructors/Classes – Courses I taught –**
Beg. Modern,
Adv. Jazz,
Dance In Society,
Pilates for Dancers,
World Dance, AND
Dance Theatre (includes producing & directing the only Professional Dance Concert for Fall semester).
On call to teach all levels of Ballet & Point.
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- July 2005 – July 2006 **Director of Dance (7-12 grades) – Courses I taught – all levels –**
Modern,
Improvisation,
Ballet,
Jazz,

Tap,
Choreography,
Repertory,
Dance History,
Dance Theory,
Kinesiology,
S.S.S.A. Method Floor Barre, and
Nutrition

Artistic Director of the auditioned *MCCA Dance Company*, Dance Production Manager and Curriculum Developer.

Dance Team Coach – *The Prowlers Marion County Center for the Performing and Fine Arts Magnet Program*

I was hired to “clean up” program after it being in existence for 5 years, and 5 Directors. A huge grant was given to West Port for the Spring concert I did the year before which focused on Dance and Literacy.

West Port High School and Middle School, Ocala, FL

RECENT PROFESSIONAL CHOREOGRAPHY | RESTAGING CREATIVE WORK (PAST CHOREOGRAPHY at end of CV)

- Feb. 2026
Developed
Sept. 2025 -
Feb. 2026
- Invited Artist-In-Residence Choreographing original new Contemporary work on auditioned Dancers – “Same Breath, Sovereign Beings” – 5 dancers selected from the Orchestis I Dance Company**
Improv/Contact Improv/Contemporary/Post-Modern/Ballet vocabulary – Dancer generated with my prompts
My original designed use of projected imagery and
My original designed original cut soundscape
Concert for the paying public
Orchestis I Annual Dance Concert - Barchjé “From This Point Forward”
Fisher Theatre, Iowa State University, Ames, Iowa
- Jan. - June 2025
- First Draft choreography for a drill Ballet in training of a Competition Team, for their showcase - The Movement Studio.– The Wonder of Emerging Women.** Opening solo at the beginning and certain sections are the Dancer’s own improv with constraints. I am using this for the next drafts towards a future professional work on pre-pro or a professional company. This Ballet’s vocabulary comes from the same class center variations so as not to waste training time while having a choreographic structure to create a Ballet for them to perform.
The Movement Studio Showcase at the Ruth Street Theatre, Prescott, AZ
- Jan. - Feb. 2025
- Invited Adjudicator, and only Yavapai College representative,** organizer of selecting, rehearsing my original work on students, re-staged “Backatown” w/o live musicians, booth designer, and transportation arranger. for the Arizona Dance Education Organization’s (AzDEO) 39th Annual High School & Middle School State Dance Festival. “College and Career Readiness—Building a Future in Dance.” Over 555 middle/high school students had access to an expanded College Expo, took classes from four Arizona colleges and universities, and participated in two college and career preparation workshops. 31 Arizona middle/high schools, over 555 students showcased original choreography.
Valley Vista High School Performing Arts Center, Surprise, AZ
- Jan.- June 2024
- First Draft choreography for a drill Ballet in training of a Competition Team, for their showcase - The Movement Studio.– Midsummer’s Night Dream: Angels, Aliens and Fairies.** First variations at the beginning before petite allegro group is all the Dancer’s own improv with constraints. I am using this for the next drafts towards a future professional work on pre-pro or a professional company. This Ballet’s vocabulary comes from class center variations so as not to waste training time while still using minimal choreographic structure to create a Ballet for them to perform.
The Movement Studio Showcase at the Ruth Street Theatre, Prescott, AZ
- June – Nov. 2023
- Soloist Vaudeville Dancer (own choreography) small, large group Female Dancer – Singing In The Rain.** Musical Directed by Dr. Craig Ralston.
Choreographed by **Pamela Cannedy and Stepan Oleksyn – Entire cast volunteers – ACT I, Soloist Vaudeville Dancer,**
ACT II
Broadway Melody: small group Tap Dancer, **Singin In The Rain:** large group dancer in real rain. Over 20 actors/singers/dancers, 2 and a half hr. production, 8 shows over two weekends, over 500 seats sold each show, with almost sold-out. 1087 seat theatre.
Yavapai College Performing Arts Center Theatre, Prescott, AZ
- June - Dec. 2022
- “Getting Funky On The Housetop” Directed and Conducted by Chris Tenney – Concept of mine in collaboration with Professor Tenney, Director of the Yavapai College Trailblazers & Roughriders Jazz Big Bands.**
Original choreographies - Musical selections below were chosen by me.
“Bad Apple” – 10 dancers, Contemporary Jazz & Improv Jazz Dance (incl. myself in long sleeve black top), 2:31 minutes

Ryan Fraley composition with improv solos that both the dancers and musicians played off of each other with for their horn and dance performing.

"Backatown" – 9 dancers, featuring 3 Tap, 3 Jazz, 3 Hip Hop Dancers, 3:18 minutes

Trombone Shorty/arr. John Wasson composition with ad lib solos for trumpet which the musician played off the set choreography to be inspired by in performance. Stage left view at original show [HERE. Waiting on full front view.](#)

Concert for the paying public, *Yavapai Performing Arts Center Theatre*, Prescott, AZ

Yavapai College Performing Arts Department Fall recital at the Yavapai Performing Arts Center Theatre, Prescott, AZ

Acker Night – Elks Performing Arts Center, Prescott, AZ

Jan.-Nov.
2022

"Hello Dolly" starring Toni Tennille, her last ever live performance as a lead – Co-Directed by Dr. Craig John Ralston & Scottie Scott, Music Direction by Dr. Joshua Harper – Invited by choreographers Pamela Cannedy and Stepan Oleksyn to choreograph for pay a Duet section and Trio lift section down the stairs in "The Waiters Gallop" both I also perform. Solo performance they choreographed on me as well. This included choreographing different versions of the lift due to several shows where a dancer/actor/singer was sick with covid.

45 actors/singers/dancers, 2 and a half hr. production, 12 shows over three weekends, over 700 audience each show, several sold out – 1087 seat theatre.

Yavapai Performing Arts Center Theatre, Prescott, AZ

Aug. 2022

Gotta Dance Studio – Invited Choreographer of two competitive, original, Contemporary/Urban Jazz works –

created on pre-professional dancers for a Formation Jazz piece, and one on for a Composition Jazz piece. Redmond, WA

March 2022

Hired Choreographer/Dancer for Surprise Marriage Proposal Flash Mob Duet Dance paid for by partner, for his partner
2 Dancers – Myself and Bradley, 3 minutes and 51 seconds (and yes, she said "yes!") *Court House Plaza*, Prescott, AZ

Jan. 2022

Jeanne Paul's 80th birthday party commissioned dance for her friends. Jeanne was accompanied by choreographer Mary Heller, and her friends, Cindy Booth and Cheri Melle. Music: LaBelle - Lady Marmalade, released 1974, 1975 Hit, Edited over 50% of song by Mary Heller. I do not own the rights to this song. Song, Lady Marmalade (Single Version)
Artist, LaBelle Writers, Kenny Nolan, Bob Crewe. *Hilton Hotel ballroom*, Prescott, AZ

Dec. 2021

"The Sound of Joy" Prescott Pops Symphony Music Directed by Joseph Place, "Glow" Conducted by Associate Music Director and Conductor Ryan Gastonguay.

"Glow" by Eric Whitacre, Edward Esch (same version for Let The Season Begin below due to unavailability.)

1 paid dancer, Laura Covey – Re-staged Original en pointe Contemporary Ballet I originally choreographed

Let The Season Begin, premiered 2019, *Yavapai Performing Arts Center Theatre*, Prescott, AZ

3 minutes 27 seconds *Yavapai Performing Arts Center Theatre*, Prescott, AZ

Sept. – Dec.
2019

"Let The Season Begin" Master Chorale, Women's Chorale, Community Chorale, Chamber Singers, Vocal Ensemble, Yavapai Youth Choirs and Orchestra with special guest Mackenzie Gotcher, tenor. Conducted by Dr. Harper.

Original commissioned choreographic works -

"Joy To The World" - 5 student dancers, 2 minutes 43 seconds

Beginner – advanced beginner Yavapai College student dancers – all rehearsals but one with canned music version. Combined Choirs featuring Mackenzie Gotcher

"Glow" by Eric Whitacre, Edward Esch - 1 student dancer, Laura Covey, 3 minutes 27 seconds

Advanced Intermediate Yavapai College student dancer – all rehearsals but one with canned music version.

Tenor / Bass ensemble and Mackenzie Gotcher

"Sussex Carol" - 5 student dancers, 5 dancers, 3 minutes

Beginner, advanced beginner Yavapai College student dancers – all rehearsals but one with canned music version.

First half of the opening music was left out by the conductor, threw a couple of these beginner dancers way off.

Combined choirs and Mackenzie Gotcher

Yavapai Performing Arts Center Theatre, Prescott, AZ

Dec. 2019

"Holiday Dreams and Traditions" Prescott Pops Symphony, Music Directed by Joseph Place, "Act II Pas de Deux of the Sugar Plum Fairy & the Prince from the Nutcracker" Conducted by Associate Music Director and Conductor Ryan Gastonguay.

An original choreographic version of the Act II Pas de Deux of the Sugar Plum Fairy & the Prince from the Nutcracker:

2 paid dancers, Daniel Markley and Laura Covey, 6 minutes and 31 seconds

<https://youtu.be/Jds0vPBAmV4> 5:05 - 11:35 **Tchaikovsky** *Yavapai Performing Arts Center Theatre*, Prescott, AZ

Jan.-Nov.
2019

"Phantom of the Opera" Directed by Dr. Craig John Ralston, Music Direction by Dr. Joshua Harper of professional hired orchestra – Every Dance in every scene, including an original Flamenco/Argentine Tango influenced Dance I created for "The Pointe of No Return" per direction of Director's vision. Only cleaned "Masquerade", did not choreograph this one Dance.

- 65 actors/singers/dancers**, 2 and a half hours –
8 sold-out shows, 1085 seat theatre
Yavapai Performing Arts Center Theatre, Prescott, AZ
- Aug. - Oct. 2019 **“Arizona Dance Festival 2019” Conceived by myself and Lisa Chow, Artistic Director of & Sponsored by Desert Dance Theater, the Arizona Dance Coalition, Yavapai College and the Yavapai College Performing Arts Center. First time Desert Dance Theater Company has ever held this this 40 years old Festival in Central/Northern Arizona.**
- WE Have This (first section re-staged)*** - selected by adjudicators of *Desert Dance Theatre Company*,
4 Yavapai College dancers, 4.5 minutes
Grand Canyon by Ani DeFranco - (music edited by Mary Heller and Noel Barbuto)
- WE Have This*** was choreographed on pre-professional dancers at the University of Idaho, Moscow, ID, in 2008, when it was adjudicated at the Northwest American College Dance Festival. The Piece is based on research by Ms. Heller in Seneca Falls, New York, birthplace of the suffrage movement. This excerpt of the work was re-staged for dancers at Yavapai College for the 2019 Arizona Dance Festival. *Yavapai College Performing Arts Center Theatre, Prescott, AZ*
- April 2018 **Invited Guest stipend paid volunteer Choreographer/Teacher/Performer – 2nd. Annual *Dancing For Our Stars* by the Boys & Girls Club of Central Arizona <https://youtu.be/SZLPI7QjlaM> *Elks Theatre, Prescott, AZ***
- April 2017 **Invited Guest PR barter Choreographer/Teacher/Performer – Inaugural *Dancing For Our Stars* by the Boys & Girls Club of Central Arizona <https://youtu.be/D4Uo6FYN2A8> (1:40 in video) Full article here - <http://dcourier.com/news/2017/apr/23/dancing-stars-huge-success-photos-video/> Won “Most Comedic” Dance *Elks Theatre, Prescott, AZ***
- Oct. 2015 **“Halloween “Thriller”** – Original choreography by Michael J. and Michael choreographer Full credit given. Commissioned community Flash Mob choreographer and performer; I was asked to organize this by clients who wanted to do a flash mob on Halloween. <https://youtu.be/p-SRrdsMFPw> – over 1.5K views on YT *Court House Plaza, Prescott, AZ*
- June 2014 ***All That Jazz* – in kind choreographer and dancer;** Prescott Valley Ballet, Arts & Dance Benefit Program
Franklin Phonetic School Theatre, Prescott Valley, AZ
- June 2013 ***Vote* - in kind Flash Mob choreographer and performer;** to bring awareness to the community to vote in the Fall. Done for the *Good Governance* organization of Prescott, AZ
Court House Plaza, Prescott, AZ
- June 2011 – Present **Research & Development for the Production, *Sharing Ground*:**
Official launch – Invited solo dancer & choreographer and author of text spoken by Camille Sledge, Juneteenth, 2016, Phoenix, AZ - using Live two-way, live-feed with no latency) production and choreographic processes between cultures whom usually terrorize each other, to find common ground in a collaborated dance/music/theatre/art work. Presently Iraq and the U.S. Initial funding through investors, philanthropists donating, and crowdsourcing with dissemination through social media as well as traditional means such as conferences, journals, etc.
SharingGroundInternational.com U.S.A. & Iraq *Eastlake Park and Community Center, Phoenix, AZ*
- Nov. 2011 **Invited Choreographer of opening Dance performance of *MoscowRade Fashion Show*;** a fundraiser for Alternatives to Violence on the Palouse – Russ Wheelhouse, Producer
EastSide Marketplace, Moscow, ID
- March 2011 ***Picking Up The Fallen Pieces* selected by University of Idaho adjudicators to be adjudicated at the **ACDFA: American College Dance Festival Association – Northwest Region** *University of Idaho, Moscow, ID***
- March 2011 & March 2010 **Rehearsal Director and Original Role/Dancer: *Sing, Sing, Sing Sherry Zunker* Choreographer, Live Musicians, UI Lionel Hampton School of Music, *DDD-Dancers, Drummers, Dreamers*, UI production, Executive Producer, Professor Emeritus Diane Walker <https://youtu.be/Kx46HIPLcvM> *Hartung Theatre, University of Idaho, Moscow, ID***
- Dec. 2010 **“*Dance Here and Now*”** (concert produced & directed by Mary Heller for Faculty, Guest Artists and students)
***Picking Up The Fallen Pieces* - 11 dancers, 10.30 minutes**
The Harley and Pastore by Mark Russell (music edited by Mary Heller)
Hartung Theatre, University of Idaho, Moscow, ID
- Sept. 2010 **First *FlashMob* for Moscow, ID in their **Town Parade** – Producer and Choreographer Core group of both children and adults of 10 – grew to 20 people who joined and didn’t know the choreography *Downtown Main St., Moscow, ID***
- March 2010 ***Loved and Cared For* (excerpt - *Progression*) selected by University of Idaho adjudicators to be adjudicated at the **ACDFA: American College Dance Festival Association – Northwest Region, selected to be in the Gala Performance.**
4:43 - <https://youtu.be/Kx46HIPLcvM> *Weber State University, Ogden, UT***

- Nov. 2009 **“Artist’s Offerings”** (concert produced & directed by Mary Heller for Faculty, Guest Artists and students)

Loved and Cared For- 6 dancers, 3 duets (***Diagnosis, Progression & The Work Of Dying***), 11.5 minutes
Progression – ACDFA 2010 Gala Award
Over My Shoulder by Mika; What’ll I Do by Julie London; The Queen Symphony: 111 (Who Wants to Live Forever? – Save Me) by London Voices, Francois Rive and John Lenehan; Heart Monitor by The Hollywood Edge Sound Effects Library, and Hospital Ambience X3 by Vol. 7 Ambience, Space, Effects (music edited by Mary Heller- video shot and edited by Tonya Rugg)
4:43 - <https://youtu.be/Kx46HIPLcvM> *Hartung Theatre, University of Idaho, Moscow, ID*
- Nov. 2004 **Restager/Dancer; Ear to Stone, Jim Clouser Choreographer/Coach**, duet <https://youtu.be/t3l3pJt4P4> –
poetry: John Giorno music: Giacomo Puccini, tenor aria from *La Boheme*
Nancy Smith Fichter Dance Theatre, Florida State University, Tallahassee, FL
- Jan.-May 2004 **Selected by Suzanne Farrell as the Rehearsal Director and her Personal Assistant**
In the Restaging of *Western Symphony*
choreographed by George Balanchine for *An Evening of Dance*
Nancy Smith Fichter Dance Theatre, Florida State University, Tallahassee, FL

PROFESSIONAL ESTABLISHED DANCE COMPANIES (two eventually closed)

- Aug. 2003 –
June 2004 **Dance Repertory Theatre: Special Graduate Participation (university dance company) Dancer: Amore Choreography by Lynda Davis (Artistic Director), & understudy for rep. – now Retired** *The Florida State University, Tallahassee, FL*
- Aug. 1991-
March 1993 **Invited Guest Dancer with the Dayton Ballet Company (couldn’t stay due to pregnancy) - Dancer: Gold. Frankincense & Myrrh: Handmaiden to the King of Frankincense** *The Dayton Ballet; James Clouser Artistic Director/Choreographer*
The Victoria Theater, Dayton, OH
- The Chamber Dance Ensemble Original Role/Soloist: *The Fall of Leaves* and *The Offering* Choreography by Bess Saylor Imber (Artistic Director),**
The Dayton Art Institute and various venues, Dayton, OH
- Nov. 1992 **Dancer: *Les Slyphides: Slyph* Dayton Ballet II; Michael Fokine Choreographer, re-staged by Michael Job**
Northridge High School, Dayton, OH
- Aug. 1991 –
Aug. 1992 **Winifred Haun and Dancers: Founding Company Dancer Original Role/Soloist: Remember Soloist: *Close My Eyes* and Next, Trio: *Trials* Choreography by Winifred Haun (Artistic Director)** *The Weinstein Center for the Performing Arts, Nights of the Blue Rider, The David Puszh Dance Series and various venues, Chicago, IL & Indianapolis, IN*
- Ballet Entre Nous – Principle Dancer - Original Role/Soloist: *Cole Porter Suite* Soloist: *Right of Spring* (Main Predator) *The Nutcracker*: Duet: *Arabian*, Ensemble: *Snow, Flowers, and Party* (Celebrity) Choreography by Mark Nevins (Artistic Director)**
The Ruth Page Theater & various venues, Chicago, IL
- Accepted through audition, by Artistic Director Nan Giordano, into the two-year training program of the Gus Giordano Chicago Dance Company School** in Chicago. Deeply honored. However, I stayed as a principle Dancer in three Chicago Dance companies due to funds.
Gus Giordano School of Dance, Evanston, IL
- Accepted through audition, by Artistic Director Judith Jamison, into the multi-year training program of the Alvin Ailey American Dance Company School** in N.Y.C. Deeply honored. However, I stayed as a principle Dancer in three Chicago Dance companies due to funds.
Audition held at the Joseph Holmes Chicago Dance Theatre School/Conservatory, Chicago, IL
- Aug. 1990 –
Aug. 1992 **American Danz Theater - Principle Dancer - Soloist: *Featherheads* and *Rhapsody In Blue* Choreography by Michael Gonzalas (Artistic Director)** *The State Street Fair, Daley Plaza, North Pier, The Field Museum of Science and Industry & various venues, Chicago, IL & Indianapolis, IN*
Including two shows at Disneyworld, FL – see INDUSTRIALS page 25
- Aug. 1991 **The Burton Project: Dancer: *Dance Drug Free: Strawberry* (Lec Dem./TV Documentary) Choreography by Stephanie Burton (Artistic Director) sponsored by the Chicago Park District South Shore Cultural Center and Daley College,**
Chicago, IL
- Aug. 1989 –
Dec. 1991 **The Joseph Holmes Chicago Dance Theater: Company Apprentice Randy Duncan Artistic Director, Harriet Ross Associate Artistic Director** *International Dance Company based in Chicago, 18th and Halsted, southside, Pilsen area, IL*

Aug. 1989 – **The Joseph Holmes Pilsen Dance Ensemble: Dancer: Aretha: Trouble in Mind and Think** Choreography by
 June 1992 **Joseph Holmes/Randy Duncan**
Soloist: The Wall, Our Daily Bread and Next Choreography by Winifred Haun
Duet: Long Lunch Choreography by Winifred Haun
Dancer: Good To You Choreography by Robyn Davis
Duet: Out There Choreography by Tabatha Russell - Winifred Haun (Artistic Director)
The David Puszh Dance Series & various venues, Chicago, IL

PROFESSIONALLY PAID GUEST PERFORMANCES – VOLUNTEER ONLY WHEN STATED

- June – Nov. 2023 **Soloist Vaudeville Dancer (own choreography) small, large group Female Dancer – Singing In The Rain.** Musical choreographed by **Pamela Cannedy and Stepan Oleksyn** – Entire cast volunteers – ACT I, **Soloist Vaudeville Dancer, Broadway Melody:** main group Tap Dancer, **Singin In The Rain:** large group dancer in real rain. Over 20 actors/singers/dancers, 2 and a half hr. production, 8 shows over two weekends, over 500 seats sold each show, with two almost sold-out. 1087 seat theatre.
Yavapai College Performing Arts Center Theatre, Prescott, AZ
- June - Dec. 2022 **“Getting Funky On The Housetop”** Directed and Conducted by **Chris Tenney** – Concept of mine in collaboration with **Professor Tenney, Director of the Yavapai College Trailblazers & Roughriders Jazz Big Bands.**
Original choreographies - Musical selections below were chosen by me.
- “Bad Apple”** – 10 dancers, Contemporary Jazz & Improv Jazz Dance (incl. myself in long sleeve black top), 2:31 minutes
 Ryan Fraley composition with improv solos that both the dancers and musicians played off of each other with for their horn and dance performing.
- “Backatown”** – 9 dancers, featuring 3 Tap, 3 Jazz, 3 Hip Hop Dancers, 3:18 minutes
 Trombone Shorty/arr. John Wasson composition with ad lib solos for trumpet which the musician played off the set choreography to be inspired by in performance. Stage left view at original show [HERE](#). Waiting on full front view.
 Concert for the paying public, *Yavapai Performing Arts Center Theatre, Prescott, AZ*
Yavapai College Performing Arts Department Fall recital at the Yavapai Performing Arts Center Theatre, Prescott, AZ
Acker Night – Elks Performing Arts Center, Prescott, AZ
- Jan.-Nov. 2022 **Drag King Soloist Dancer - Hello Dolly!** starring **Toni Tennile.** Musical choreographed by **Pamela Cannedy and Stepan Oleksyn** – Entire cast volunteers, incl. **Toni Tennile - Waiters Gallup - my own original choreography choreographers wanted me to create:** dancing down the stairs into a lift. Drag King Duet – In grand ensemble across stage with partner through holding napkins, down to knees, up and off. – Choreographed by choreographers - Waiter running center downstage to do 8 fast tempo coupe turns to the left, holding a tray of a chicken in my hands in first position, Drag King Group Dancer in **It Takes A Women (Tap), Hello Dolly!, and Finale.** 45 actors/singers/dancers, 2 and a half hr. production, 12 shows over three weekends, over 700 seats sold each show, with several sold-out. 1087 seat theatre.
Yavapai College Performing Arts Center Theatre, Prescott, AZ
- March 2022 **Hired Flash Mob Choreographer & Performer for surprise marriage proposal** – partner **Bradley M.** – danced to/edited over 50% of **“Making Of Us”** song by **Keith Urban,** and she did say “yes”.
Prescott Courthouse Square, Prescott, AZ
- Dec. 2021 **De fleurs a un petit je-ne-sais-quoi- de fascinant - Art | Dance | Fashion** – A creative collaboration by Painter **Mary Alice Rush,** and Choreographer myself, Improv with paintings in silence. Performance & Q/A with artists afterwards.
Sedona Performing Arts Center, Sedona, AZ
- Dec. 2021 **Invited Guest Artist, volunteer Dancer: Adv. Contemporary, Jazz, Tap, Ballet & Hip Hop,** plus class **HH phrase** – SWITCH Performing Arts Performance at Acker Night; **Leo Gallegos** Choreographer Courthouse, Downtown, Prescott, AZ
- June 2021 **Invited Guest Artist, volunteer Dancer: Adv. Contemporary, Jazz, Ballet, Tap & Hip Hop - SWITCH Performing Arts** Concert, **Leo Gallegos** Choreographer Franklin Phonetic Elementary School, Prescott Valley, AZ
- Dec. 2020 **Invited Guest Artist, volunteer Dancer: Adv. Contemporary, Jazz, Ballet, Tap & Hip Hop - SWITCH Performing Arts** Performance at Acker Night; **Leo Gallegos** Choreographer *Indoor Race Track to selected invited guests, Prescott, AZ*
- Dec. 2019 **Invited Guest Artist, volunteer Dancer: Adv. Contemporary, Jazz (4:46 stage L, black and x mas sweater, second row), Ballet, Tap & Hip Hop - SWITCH Performing Arts** Performance at Acker Night; **Leo Gallegos** Choreographer Courthouse, Downtown, Prescott, AZ
- June 2019 **Invited Guest Artist, volunteer Dancer: Adv. Contemporary, Jazz, Ballet, Tap & Hip Hop - SWITCH Performing Arts** Concert - “Uneek” **Leo Gallegos** Choreographer *Yavapai College Performing Arts Center Theatre, Prescott, AZ*

- Dec. 2018 **Invited Guest Artist, volunteer Dancer: Contemporary, Jazz & Hip Hop - SWITCH Performing Arts Performance at Acker Night; Leo Gallegos Choreographer**
Courthouse, Downtown Prescott, AZ
- Oct. 2018 **Invited Guest Artist, volunteer Dancer: Hip Hop Flash Mob- SWITCH Performing Arts Performance at The Crossings; Leo Gallegos Choreographer**
The Crossings, Prescott, AZ
- June 2018 **Invited Guest Artist, volunteer Dancer: Contemporary, Ballet, & Jazz - SWITCH Performing Arts Concert "Faces of Love" Leo Gallegos Choreographer**
Embry Riddle University, Prescott, AZ
- April 2018 **Invited Guest Artist volunteer Choreographer/Teacher/Performer – 2nd. Annual Dancing For Our Stars by the Boys & Girls Club of Central Arizona <https://youtu.be/SZLPI7Qjl>**
Elks Theatre, Prescott, AZ
- Dec. 2017 **Invited Guest Artist, volunteer Dancer: Ballet & Jazz - SWITCH Performing Arts Performance at Acker Night; Leo Gallegos Choreographer**
Courthouse, Downtown, Prescott, AZ
- June 2017 **Invited Guest Artist, volunteer Dancer: Ballet & Jazz - SWITCH Performing Arts Concert "Outside of the Box" Leo Gallegos Choreographer**
Embry Riddle University, Prescott, AZ
- April 2017 **Invited Guest Artist volunteer Choreographer/Teacher/Performer – 1st. Annual Dancing For Our Stars by the Boys & Girls Club of Central Arizona <https://youtu.be/D4Uo6FYN2A8> - (1:40 in video) Full article here - <http://dcourier.com/news/2017/apr/23/dancing-stars-huge-success-photos-video/> Won "Most Comedic" Dance**
Elks Theatre, Prescott, AZ
- Dec. 2016 **Invited Guest Artist, volunteer Dancer: Ballet & Jazz - SWITCH Performing Arts Performance at Acker Night; Leo Gallegos Choreographer**
Elks Theatre Perf. Arts, Downtown Prescott, AZ
- May 2016 **Invited Guest Artist, volunteer Dancer: Ballet, Contemporary & Jazz - SWITCH Performing Arts Concert "Initium" Leo Gallegos Choreographer**
Prescott Airport Hanger, Prescott, AZ
- Invited Guest Artist, volunteer ShimmyMob Belly Dancer for International Day of Belly Dance**
Prescott Farmer's Market, and downtown courthouse, Prescott, AZ
- Dec. 2015 **Invited Guest Artist, volunteer Dancer: Ballet & Jazz - SWITCH Performing Arts Performance at Acker Night; Leo Gallegos Choreographer**
Sutra Yoga space, Downtown Prescott, AZ
- May 2015 **Invited Guest Artist, volunteer Dancer: Ballet - SWITCH Performing Arts Concert - Leo Gallegos Choreographer**
Art Studio white space Downtown Prescott, AZ
- Dec. 2014 **Invited Guest Artist, volunteer Dancer: Ballet - SWITCH Performing Arts Performance at Acker Night Leo Gallegos Choreographer**
Tech ReHab space, Downtown Prescott, AZ
- Invited Guest Artist, volunteer Dancer: Ballets - Prescott Valley Ballet, Arts and Dance Holiday show for vets. Helen Reynolds Choreographer**
Veterans Hospital, Prescott, AZ
- July – Aug. 2014 **Urban Bush Women's Summer Leadership Institute – applied & accepted dancer, researcher and co-creator in "Soul Deep", a culminating production of the 100+ institute participants/artists**
Tulane University, New Orleans, LA
- Jan.-Feb. 2004 **Dancer: Many Bodies, One Mind: The Joint-FAMU and FSU concert Dorian Holmes Choreographer**
Lee Hall, Florida of Agriculture and Mechanical Engineering University, Tallahassee, FL
- May 2003 **Dancer: The Boy and the Loon: Grandmother, The Little Girls Room Tennille Lambert Artistic Director/Choreographer**
The Mickey Faust Club, Tallahassee, FL
- May 2000 **Choreographer & Soloist: For Jim: Collage Dance Festival 2000: A Cascade of Dance A Tribute to James Clouser; Lisa Racina Director**
Campus Theater, Denton, TX
- Dec. 1992 **Dancer: Gold. Frankincense & Myrrh: Handmaiden to the King of Frankincense The Dayton Ballet; James Clouser Artistic Director/Choreographer**
The Victoria Theater, Dayton, OH
- Nov. 1992 **Dancer: Les Slyphides: Slyph Dayton Ballet II; Michael Fokine Choreographer, staged by Michael Job**
Northridge High School, Dayton, OH
- June 1990 **Original Role/Soloist: Ave Maria: The Annual North Suburban YMCA Dance Concert Fred Alexson Choreographer**
Sheely Center for the Performing Arts, Northbrook, IL

- May 1990 **Dancer: *Hansel and Gretel: Angel and Sunbeam* The American Dance Center Ballet Company; Kathleen Sims**
Choreographer Written and Staged by Jack Villari *The Rialto Square Theater, Joliet, IL*
- May 1989 **Original Role: *Crossing Over* Dancer: *Closing: Dances* Karen Steele Choreographer**
Charlotte York Irey Theatre, University of Colorado, Boulder, CO
- Dancer: Colorado New-Music Series – Reflections In City Spaces Site Specific Dances with Live Musicians Polly**
Motley and Company Co-Choreographers *various sites in Denver, CO*
- Soloist: *Southern Comfort: Regis College Dance Concert* Margo Law Choreographer**
Regis College lawn, Denver, CO
- March 1989 **Original Role/Soloist: *Moonlight Sonata* Dana Nugent-Aylesworth Choreographer** (premier at undergrad BA Senior
Concert) *Studio 816 Dance Concert, Denver, CO*
- April 1989 **Dancer: *An Unromantic Place and Tract II – Polly Motley and Company* Polly Motley Choreographer**
Regis Theater, Denver, CO
- Dec. 1988 **Dancer: *The Nutcracker: Parent, The David Taylor Dance Theater* David Taylor Choreographer**
Loretto Heights Theater, Denver, CO and University of Colorado, Boulder, CO
- Dec. 1988 **Dancer: *A&P Grocery Ballet/Lifeless Packaging: Shoplifter, Cooperative Dance Theater* Mark Hilleary Choreographer**
(Choreography Winner, Schoenberg Competition, to work with Dance Theater of Harlem)
various venues, Denver, CO

PRIVATE CONTRACTOR or PAID IN-CONTRACT UNIVERSITY/COLLEGE PERFORMANCES (EXCEPT HELLO DOLLY & SINGIN' IN THE RAIN IS PRIVATE CONTRACTOR FOR A COLLEGE)

- June – Nov. 2023 **Soloist Vaudeville Dancer (own choreography) small, large group Female Dancer – *Singing In The Rain*.** Musical choreographed by Pamela Cannedy and Stepan Oleksyn – Entire cast volunteers – ACT I, **Soloist Vaudeville Dancer, *Broadway Melody*:** small group Tap Dancer, ***Singin In The Rain*:** large group dancer in real rain. Over 20 actors/singers/dancers, 2 and a half hr. production, 8 shows over two weekends, over 500 seats sold each show, with two almost sold-out. 1087 seat theatre. *Yavapai College Performing Arts Center Theatre, Prescott, AZ*
- Jan. - Nov. 2022 **Drag King Soloist Dancer, - *Hello Dolly!* starring Toni Tennile.** Musical choreographed by Pamela Cannedy and Stepan Oleksyn – Entire cast volunteers, incl. Toni Tennile - ***Walters Gallup*:** dancing down the stairs into a lift – ***Waiter running center downstage to do 8 fast tempo coupe turns to the left, holding a tray of a chicken in my hands in first position.***
Drag King
Duet – grand ensemble across stage with partner through holding napkins, down to knees, up and off. Drag King Group Dancer in ***It Takes A Women (Tap), Hello Dolly!, and Finale.*** 45 actors/singers/dancers, 2 and a half hr. production, 12 shows over three weekends, over 700 seats sold each show, with several sold-out. 1087 seat theatre. *Yavapai College Performing Arts Center Theatre, Prescott, AZ*
- March 2011&
March 2010 **Rehearsal Director and Original Role/Dancer: *Sing, Sing, Sing* Sherry Zunker Choreographer,** Live Musicians, UI Lionel Hampton School of Music, ***DDD-Dancers, Drummers, Dreamers*,** UI production, Executive Producer, Professor Emeritus Diane Walker <https://youtu.be/Kx46HIPLcVM> *Hartung Theatre, University of Idaho, Moscow, ID*
- Dec. 2008 **Soloist (“The Clock”) - first female Dancer ever selected for the role: *Continuous Replay*; Arnie Zane, restaged with additional materials by Bill T. Jones** 1982, music: various artists edited for performance, Stager: Donald Shorter Jr., Coach: Germaul Barnes, Rehearsal Director: Greg Halloran - *Made possible by the National Endowment for the Arts' American Masterpieces: Dance Initiative administrated by the New England Foundation for the Arts with Dance/USA. The University of Idaho College of Education and Student Arts Fees also added support.* <https://youtu.be/pjifZIsLT6I>
Hartung Theatre, University of Idaho, Moscow, ID
- April 2008 **Original Role/Dancer: *Let The Good Times Roll* Phyllis Gooden-Young Choreographer and Director** Live Musicians,
WSU Chamber Ensemble *Daggy Hall, Washington State University, Pullman, WA*
- April 2005 **Dancer: *Shelter*; Jawole Willa Jo Zollar choreographer**
Nancy Smith Fichter Dance Theatre, Florida State University Tallahassee, FL
- April 2005 **Dancer: *Working Memory*; Susan Marshall choreographer** (premiered Fall 04 at Julliard)
Nancy Smith Fichter Dance Theatre, Florida State University Tallahassee, FL
- Nov. 2004 **Restager/Dancer; *Ear to Stone*, Jim Clouser Choreographer/Coach,** duet <https://youtu.be/t3l3pJt4P4> - poetry: John Giorno
music: Giacomo Puccini, tenor aria from *La Boheme*
Nancy Smith Fichter Dance Theatre, Florida State University, Tallahassee, FL

- April 2004 **Original Role/Dancer:** *Circles of My Mind Dancing in the Rain* and *Many Bodies, One Mind MFA Thesis Concert – Our House;*
Dorian Holmes Choreographer and Co-Artistic Director
Nancy Smith Fitcher Dance Theatre, Florida State University Tallahassee, FL
- April 2004 **Original Role/Dancer:** *Florida State University's Martin Luther King Celebration: White Supremest;* **Jawole Willa Jo Zollar**
Artistic Director and Choreographer
Ruby Diamond Theatre and Florida State University Cable, Tallahassee, FL
- Feb. – March 2003 **Original Role/Dancer:** *Semele - An Opera: US Premiere Florida State Opera and The Tallahassee Seven Days of Opening Nights*
Festival Jack Clark Choreographer, Anthony Rooley Music and Stage Director
Opperman Music Hall, Florida State University Tallahassee, FL
- April 1989 *An Evening of Dance, Theatre and Performance Art - Original Role/Soloist: Moonlight Sonata (using projections onto my body painted in white, including hair, and costume in outdoor scenes such as running into traffic, on a mountain, in a rainstorm),*
Dana Nugent-Aylesworth, Choreographer, (premier at undergrad BA Senior Concert)
Soloist: Orbit Jacquie Boomer Choreographer
Dancer: Untitled (Part 1) (Work-in-Progress) Karen Steele Choreographer
Original Role/Dancer: Get On My Bike Dana Nugent Aylesworth and cast Choreographers
Original Role/Dancer: Baby Doll Stacy Spence Choreographer
Dancer: Oh Yeah! Alicia Stewart Choreographer
Regis Theater, Loretto Heights College, Denver, CO
- April 1987 *Cosima – An original Theatre and Dance Production* **Written by Lou Malantri and Choreographed by James Clouser**
An original play with dancing about the wife of the composer Richard Wagner.

Original Role/Soloist: Soldier – (improvisation)
Original Role/Dancer & Actress including a concubine: Various parts
Loretto Heights College, O' Sullivan Theatre, Regis College, Denver, CO
- April 1986 **Dancer: Gold. Frankincense & Myrrh: Harem Girl, James Clouser Artistic Director/Choreographer**
Loretto Heights College, O' Sullivan Theatre, Regis College, Denver, CO

GRANTS

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|---|
| <p>Principle/Sole Investigator for \$5000 <i>Florence Wasmer Foundation</i> grant to sponsor Latin Jazz Dance performer/Scholar Juliet McMains and Sasko Despotovski for the <i>Lionel Hampton International Jazz Festival</i> in first time ever Dance Teaching clinics, and Dance Pedagogy for Regional Teachers and Performing with Jose Rizzo's All-Star Band <i>University of Idaho, HPERD Department, Dance Program, Moscow, ID</i></p> |
|---|

Aug. 2008

HIGHER EDUCATION ADVISING

- Sept. 2025 – **Advising over 55 undergraduates and graduates in course selections and career goals including writing recommendations.**
Present *Kinesiology Department/Dance Minor, Iowa State University, Ames, IA*
- Aug. 2018 – **Advising undergraduates in course selections and career goals including writing recommendations.**
Present *Performing Arts Department, Yavapai College, Prescott, AZ*

PRIVATE FUNDING

Aug. 2001- **SatchDance-One People – Founder, Artistic Director and Executive Director of pick-up company of 9 professional**
March 2002 **Dancers/Choreographers - \$5000 income/production costs paid for by patrons.**

Dec. 2008 –
April 2009

Graduate Committee member for Graduate in Music – Thesis research on Composer Samuel Barber and his relation work, *Cave of The Heart*.

University of Idaho's Lionel Hampton's School of Music

Jan. – May 2011,
Aug. 2010-Dec. 2010;
Aug. 2009-May 2010;
Aug. 2008-May 2009;
Aug. 2007-May 2008
Jan.-May 2007

Advising 100's of undergraduates, and graduates in other majors in course selections and career goals including writing recommendations.

Auditioning 100's of potential majors for the Dance Program

Conducted over 30 Senior Concert Evaluations with Coordinator of Dance

University of Idaho, HPERD Department, B.S. In Dance, Moscow, ID

HIGHER EDUCATION OUTREACH

Nov. 2025

Arranged for Yavapai College as well as local Training Irish and Tap Dancers in Prescott area AZ to view/participate in live presentation of current Professional Irish Dancer Reilly Sedlacek of Trinity Irish Chicago Dance In Health and Care when training, the differences between these two percussive forms, and her collaboration with Michelle Dorrance Dancers in Tap in NYC to premier a new work at The Joyce Theatre, NYC 2026.

Yavapai College Performing Department, Prescott,

AZ

Iowa State University, Kinesiology Department/Dance Minor Ames,

Iowa

Feb. 2025

Invited Adjudicator, and only Yavapai College representative, Arizona Dance Education Organization's (AzDEO) 39th Annual High School & Middle School State Dance Festival. "College and Career Readiness—Building a Future in Dance."

Over 555 middle/high school students had access to an expanded College Expo, took classes from four Arizona colleges and universities, and participated in two college and career preparation workshops. 31 Arizona middle/high schools, over 555 students showcased original choreography.

Re-stager, Organizer of selecting, rehearsing my original work on students of "Backatown" w/o live musicians, booth designer, transportation arranger, driver, sole administer.

Valley Vista High School Performing Arts Center, Surprise,

AZ

May 2021

Original piece, "Revival" - Volunteer in concept, choreography, rehearsal, and performance on stage, filmed for social media to connect with students: duet with colleague Marina Rogava O'Brien in solos, and duet in Contemporary, Jazz, Latin Ballroom– 5:19 minutes, editor of more than 50% of "Revival" by Gregory Porter, and "Eruption" by Eddie Van Halen.

Yavapai College Performing Arts Center Theatre, Prescott, AZ

Aug. - Oct. 2019

Prescott Coordinator for the "Arizona Dance Festival 2019" Sponsored by Desert Dance Theater, the Arizona Dance Coalition, Yavapai College and the Yavapai College Performing Arts Center.

First time this 40 years old Desert Dance Theater Company has ever hosted this Festival in Central/Northern

Arizona.

Yavapai College Performing Arts Center Theatre, Prescott, AZ

Aug. – Nov. 2019

Coordinator, and Advertiser for the "Ballet Victoria" Advanced Beginning Ballet master class, Men's Only Master Ballet class (the first for Prescott, AZ), and Partnering in Ballet class - all levels, 14 yrs. – up.

Yavapai College Performing Arts Department, Prescott, AZ

Sept. 2018

2019, 2021,
AZ

2022, 2023

(not held since
2023)

"Drama Day" Dance teacher of Tap/Stomp/Body percussion workshops, 5-6 classes, 45 minutes/class, each year, all High school area students – served over 2000 students.

Yavapai College Performing Arts Department, Prescott,

Fall 2010

Initiated concept of Moscow, Idaho's first Flash Dance Mob with Festival Dance and Performing Arts.

UI Homecoming Parade, Moscow, ID

Spring 2010

Mentored Dance Program's first High School student in the Gifted program for the Moscow School District in the subject of: Choreography

Moscow High School, and University Of Idaho Moscow ID

Nov. 2009

Children's Matinee, Moscow Charter School, Dance Theatre's "Artist's Offerings" Fall Concert-100 children served

Hartung Theatre, University of Idaho, Moscow, ID

- Feb. – May 2009 **Unprecedented First in the World successful attempt using the Program Elluminate for Two-way live virtual Dance Learning** facilitated through DAN 360 Children’s Dance at West Park Elementary School, Pro-Kindergarten class and at UI PEB, Festival Dance, 3.4th grade: Using the Methodology of Creative Movement to Teach Math at teachers request. 8 classes- over 30 k- 4th grade students served. *West Park Elementary and UI PEB, Moscow, ID*
- Dec. 2008 **Children’s Matinee, Moscow High School, Moscow Junior High School, & Troy High School, Dance Theatre’s “An Evening of Repertory”** Fall concert- 400 children served
Hartung Theatre, University of Idaho, Moscow, ID
- Oct. 2008 **Moscow School District In-Service Teacher Day – Taught 2 hour Workshop Using the Methodology of Creative Movement to Teach Reading, Writing, Math, Science, Social Studies, and other Arts, etc. to Teachers**
Moscow Junior High School, Moscow, ID
- May 2009 & May 2008 **Recruiting, overseeing and organizing Hip Hop Instructor for Enrichment Day**
Troy High School, Troy, ID
- April 2008 **Recruiting, mentoring, organizing and assessing Dance Majors/Minors interested in teaching Science through Creative Movement, k-6, in either conventional classroom or gym/open space Kids On Campus through ASUI Volunteer Association, Emily Kuhl Organizer**
West Park Elementary, Moscow, ID
- Sept. 2007 **Lecture/Demonstration University of Idaho Resident Hall Living. Learning Community Event**
University of Idaho, Tower Lawn, Moscow, ID
- Dec. 2006 **Children’s Matinee, Lena Whitmore Elementary, Dance Theatre’s “So You Think You Can Dance Idaho?”** Fall concert- 200 children served
Hartung Theatre, University of Idaho, Moscow, ID

HIGHER EDUCATION SERVICE

- Jan. 2019 - Present **RESPECT Campaign committee member – Inclusion of ALL students, faculty, and staff at Yavapai College.**
Yavapai College, Prescott, AZ
- Aug. 2024 – June 2025 **On Planning Committee for Guest Artists for the Corps De Ballet International - Choreographing Community: Innovations & Collaborations in Ballet Education - June 2025**
University of Utah – Salt Lake City, UT
- Sept. 2022 **Yavapai College Tap I/II class performs two class practice dances for over 20 people**
Evergreen Village Assisted Living, Prescott, AZ
- Dec. 2008 **Presenter at The University of Idaho’s Women’s Center’s Holiday raffle/women’s art fair, WomensWorks – Displayed my choreography, We Have This, and it’s performance in our upcoming concert as a raffle prize**
University of Idaho, Student Union Building, Moscow, ID
- May 2008 **Choreographed solo, The Fight, for MHS Senior/Adv. Modern student Sarah Nielsen in Festival Dance Academy’s Spring Concert – Cello played by MHS Senior: Isaac Pastor- Chermak Composer: Gasper Cassado**
Hartung Theatre, University of Idaho, Moscow, ID
- April 2008 **Choreographed duet, Forever, for Dance major/Senior Jamie Wollenberg and minor Cecelia Hanford in Dance major/minor Club sponsored semester concert Dance Off Hand – Keyboard, vocals and original composition/lyrics by Moscow artist Joan Alexander**
University of Idaho, HPERD Department, studio 110, Moscow, ID
- Jan - May 2007 **Search Committee member for Athletic Trainer Senior Lecturer position**
University of Idaho, HPERD Department, Dance Program, Moscow, ID
- Aug.-Dec. 2007
Aug.-Dec. 2008 **Conceiving and implementing the first and second “So You Think You Can Dance Idaho?” competition for all University and community dancers: marketing, organizing, gathering appropriate judges, coaching of performances, and final selection of winners whose prize was to perform in the University of Idaho’s Fall concert.**
University of Idaho, Moscow, ID
- May 2007 **Choreographed solo, Fragile Things, for Moscow HS Senior/Adv. Modern student Maia Lassen-Purser in Northwest Dance Center’s Spring Concert**
Gladish Auditorium, Pullman, WA
- Jan.-May 2004 **Research Assistant to the Associate Chair & Chair**
Dept. of Dance, FSU, Tallahassee, FL

Assisted in *Workshop For Young Dancers* presented by Friends of Dance Featuring master classes with Suzanne Farrell and FSU Dance Faculty

Selected by Miss Farrell as the Student Rehearsal Director and Personal Assistant to Suzanne Farrell
In the Restaging of *Western Symphony*
choreographed by George Balanchine for *An Evening of Dance*

Sole Director/Organizer, Documenter and Editor: *Don Rapp: The Juggler*

presented by *Dept. of Dance, FSU*

- May 2004 **Certificate of Achievement for superlative fundraising for a GDC (Graduate Dance Council) member**
Dept. of Dance, FSU, Tallahassee, FL
- Jan.-May 2003 **Documentation Director, Senior Editor of film documentation - *The Joint*** - A Collaborative Dance Concert of FAMU Dance Companies and FSU Graduate choreography organized and produced by GDC-Graduate Dance Council - Cameraperson in charge of set-up, white balance, focus, (filming on one camera per show) ect. and striking of all digital cameras. Versed in Adobe Photoshop, IMovie and Final Cut Pro Responsible for packaging & selling of video.
Lee Hall, Florida of Agriculture and Mechanical Engineering University, Tallahassee, FL
- Aug. 2002 - March 2005 **Video Documentation Crews**
Nancy Smith Fichter Dance Theatre and Ruby Diamond Theatre, Tallahassee, FL Cameraperson in charge of set-up, white balance focus, filming and striking of Canon XL1 camera - Tim Glenn: Documentation Director
- March 2005 ***Urban Bush Women - Wide, Back of House***
 - Feb. 2005 ***Dance Repertory Theatre - Wide, Back of House***
 - Oct. 2004 ***An Evening of Dance - Wide, Back of House and Wide, Balcony***
 - April 2003 ***MFA Thesis Concert, Elizabeth Higgins Dance Theatre- CMdance/OUT/Loud Wide, Back of House***
 - April 2003 ***An Evening of Dance - House Right, Left Tight and Wide, Back of House***
 - March 2003 ***Dance Repertory Theatre - Wide, Back of House***
 - Dec. 2002 ***Under Construction - Wide, Back of House***
 - Nov. 2002 ***MFA Thesis Concert, The Red Tent - Wide, Back of House***
- Aug.- Dec. 2002 **Administrative Assistant** *Dept. of Dance, FSU, Tallahassee, FL*
- Aug. 1985 - Dec. 1988 **Theatre tech crew** for numerous performances including *The Robber Bridegroom*
Loretto Heights College, O' Sullivan Theatre, Regis College, Denver, CO

CONFERENCES PRESENTED AT

- Feb. 2026 **A.C.D.A. 2026 North-Central Conference** – S.S.S.A. Method Kinesiology and Introduction Grand Plié Floor Barre Strengtheners in alignment class – 30 class capacity met with waiting list.
Iowa State University of Science and Technology, Kinesiology Department, Minor In Dance, Ames, IA
Conference Hosted by Minnesota State University, Minnesota, MN
- April 2025 **Selected presenter at** The Arizona Women in Higher Education annual state-wide Conference 2025 - Threads of Belonging: Weaving Community Through Human Interaction – My presentation: ***Your Movement is Your Biography - Weaving Community through Embodied Human Interaction in AR, & zoom with Embodied, Social-Emotional Tools.***
Prescott Resort, Prescott, AZ
- April 2025 **Invited Peace Summit Presenter** – Improvisational Tools to use for an inward journey in one's body identifying emotions contrasting to peaceful emotions, expressing them, and releasing them. 282 attendees over two days, 66 students representing 8 disciplines attended one or more of the 11 sessions including national presenters. Conceived, Organized by the Respect Campaign. Funded by the YC Foundation for the La Gates Scholarship award.
Yavapai College, Prescott, AZ
- March 2011 ***Picking Up The Fallen Pieces* adjudicated, Adv. Jazz and Adv. Modern ACDF A:** America College Dance Festival Association – Northwest Region
University of Idaho, Moscow, ID
- April 2010 & April 2009 **45 minute Presentations: University of Idaho's 1st, 2nd & 3rd Annual Celebrating Education Day** Using the Methodology of Creative Movement to Teach Reading, Math, April 2008 Science, k-12 ect.
Teaching & Learning Center, University of Idaho, Moscow, ID
- March 2010 ***Loved and Cared For* adjudicated and selected for Gala, Finding Core Strength, Loosing the Rest Instructor <https://youtu.be/Kx46HIPLcvM> ACDF A:** American College Dance Festival Association – Northwest Region
Weber State University, Ogden, UT

- March 2009 **We Have This adjudicated, Adv. Contemporary Jazz and Finding Core Strength, Loosing the Rest Instructor**
<https://youtu.be/yMMHkygozao> -
ACDFA: American College Dance Festival Association – Northwest Region
 Utah Valley University, Orem, UT
- Oct. 2009 **Presentation “Using Creative Movement to Teach other Subjects in the General Classroom” IAHPERD -**
Idaho Association for Health, Physical Education, Recreation and Dance
 University of Idaho, HPERD Department, Moscow, ID
- March 2007 **Adv. Jazz and Conditioning for Dancers Instructor - ACDFA: American College Dance Festival Association**
 – Northwest Region
 University of Montana, Missoula, MT

ATTENDED CONFERENCES

- April 2025 **The Arizona Women in Higher Education Conference 2025 - Threads of Belonging: Weaving Community Through Human Interaction** – also a presenter.
 Prescott Resort, Prescott, AZ
- Aug. 2024 **Arizona Presenters Alliance Conference** – Board representative from the Arizona Dance Coalition and Yavapai College
 Lead Professor in Dance representative - Sponsored by Scottsdale Arts.
 Hilton Sedona Resort at Bell Rock, Sedona, AZ
- June 2024 **Corps De Ballet International - Hosted virtually** by University of Utah – **“Ballet Pedagogies: Past, Present, and Future”**.
- June 2022 **Corps De Ballet International - Hosted hybrid/virtually** by Richmond University School of Dance - **“Fairies, Queens, and Cavaliers: Ballet’s Production and Disruption of Gender”**.
- June 2021 **Corps De Ballet International - Hosted virtually** by The Florida State University School of Dance **“Suspended in Grand Renversé: Embracing the “Big Upset” and Ballet’s Relationship to Liberatory Practices”**.
- June 2020 **Corps De Ballet International - Hosted virtually** by The Florida State University School of Dance "Advocating for Integrity in Ballet’s Education, Performance, Research and Profession" Conference Program **“CORYPHÉE: Leading for Equity, Diversity and Inclusion in the Arts, Part II”**.
- May 2017 **Create Change – Transforming Elder Care with Creative Engagement – Hosted by the Arizona Commission on the Arts in cooperation with Arizona University** Arizona University campus, Tempe, AZ
- June 2016 **Annual Dance USA Conference** Various locations including the Austin Ballet School of Dance, Austin, TX
- April 2009 **Idaho Dance Educators Conference – Hosted by the Idaho Commission on the Arts in cooperation with the University of Idaho, Dance Program**
 Nampa Arts Charter School, Nampa, ID
- March 2005 **CORD Conference – Congress On Research and Dance Hosted by Department of Dance, Student Assistant and attendee**
 The Florida State University, Tallahassee, FL

PROFESSIONAL MEMBERSHIP

- April 2017 - **Invited board member of the Arizona Dance Coalition**
Present
- May 2005 **CORD - Congress On Research and Dance**
- Nov.2004-
 2005 Aug.
 2018 - **CORPS de Ballet International - Council of Organized Researchers of Pedagogical Studies in Ballet**
Present

2021 – 2024 **Prescott, AZ Chamber of Commerce member/business**
Prescott Valley, AZ Chamber of Commerce member/business

2014 - Present **Senior Connection, Prescott, AZ member/business/vendor**

CERTIFICATIONS

Dec. 2025 **By way of On-Line Digital Dance Studio subscription including access only Gentle BeMoved materials**
 Jan. 2023
 July 2017 & **Gentle BeMoved® - Elite Certified by Founder Sherry Zunker – certification, and re-**
 Dec. 2014 **certification** Chicago, IL

Dec. 2025 **By way of On-Line Digital Dance Studio subscription including access only Elite, Artistry BeMoved**
 Jan. 2023 **materials**

March 2019 & **BeMoved® Elite Artistry Certified by Founder Sherry Zunker – certification, and re-certification**
 March 2018,
 Dec. 2015,
 March 2012 Chicago, IL

August 2010 **BeMoved® –Licensed by Founder Sherry Zunker – certification** Chicago, IL

May 2005 **Approved Martha Graham Technique instructor up to Int. level – Anthony Morgan, on**
 behalf of the Martha Graham School of Dance NYC, NY

EDUCATION

April 2005 **Master of Fine Arts in Dance: G.P.A. 3.74 Summa Cum Laude**
Florida State University (FSU), Tallahassee, FL
 Equal to a Ph. D, Terminal degree, with written research, including performance, choreographic, written and oral defenses AND hundreds of hours of embodied research as well.

Dec. 1988 **B.A. in Dance: G.P.A. 4.0 - Magna Cum Laude - Loretto Heights College, Denver, CO**
Loretto Heights College is now a part of Regis University, Denver, CO

SCHOLARSHIPS

April 2025 Awarded scholarship to The Arizona Women in Higher Education Conference 2025 - Threads of Belonging: Weaving Community Through Human Interaction – My presentation will be: ***Your Movement is Your Biography - Weaving Community through Embodied Human Interaction in AR, & zoom with Embodied, Social-Emotional Tools***
Prescott Resort, Prescott, AZ

June-July 1992 **Full Scholarship: The Dayton Ballet Summer Workshop** Dayton, OH

Aug. 1989 - **Full Company Scholarship/Apprentice: The Joseph Holmes Chicago Dance Theater**
 Aug. 1991 Chicago, IL

June 1988 **Partial Scholarship: Colorado Dance Festival** *Colorado University, Boulder, CO*

PROFESSIONAL TRAINING/DEVELOPMENT - Years consist of 2 – 8 HOURS A WEEK, 45 – 50 WEEKS/YR./MONTHS

March 2026 **North Central ACDA – University of Minnesota**
 Master Class – Modern Dance Pioneer **Madam Dianne McIntyre**
 University of Minnesota, Minneapolis,

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|--|--|--|--|
| Nov. 2025 | Iowa State University 2 hours of Dabke – Palestinian Dance form Iowa State University of Science and Technology, Kinesiology Department, Minor In Dance, Ames, IA | Leila Awadallah of Kelvin Wailey Dance Company | |
| March 2023 – June 2025 | The Movement Studio Auditioned, Adult Company once a week class Contemporary/Jazz | Sasha Moreno-Nazz | The Movement Studio, Prescott Valley, AZ |
| Sept. 2023- Present Now when in Town. | Social Salsa and Batchata - once every Two-four months | Daniel Garcia | Elks Perf. Arts Center, Prescott, AZ |
| Jan. 2024 | Arizona Dance Coalition annual member meeting Social Argentine Tango masterclass | Daniela Borgialli | Ballet Theatre of Phoenix, Phoenix, AZ |
| Jan. 2023 | Arizona Dance Coalition annual member meeting Lindy Hop masterclass | Steve Conrad | Ballet Arizona, Phoenix, AZ |
| Jan. – July 2022 | Privates in <u>Social Argentine Tango, Social Cha Cha, Social Salsa, and Social Batchata</u> - 3-4 hours week. | Scott Vigil | various spaces, Prescott, AZ |
| 2022, 2023, 2022 - 2023 - 2024, 2023 2022, 2021 | Gentle BeMoved® Re-Certificaton BeMovedDance.com – All online Dance Studio material BeMovedDance.com – Private BeMoved Elite, Artistry & Gentle BeMoved online Pedagogy material. BeMoved® Artistry Re-Certification BeMovedDance.com – All online Dance Studio material BeMovedDance.com – Private Artistry online Pedagogy material | Sherry Zunker Sherry Zunker | Originally from Chicago, IL Originally from Chicago, IL |
| Dec. 2018, 2017, July 2016, 2015 April/May 2016 WA | Pacific Northwest Ballet School Advanced Ballet | Giovanni Villalobos, Nancy Crowley | Seattle, |
| April/May 2018 IL April/May 2017 Adv/Professional Ballet Aug. 2012 - Aug. 2019 | Lou Conte School of Dance – Home of Hubbard Street Dance Chicago Adv/Professional Jazz Adv/Professional Modern | Biruite Barodicaite Claire Bataille (last classes before she passed 2020) Laura Wade Arian Dolan Julia Rae Antonick | Chicago, Closed 2020 Due to covid after 46 |
| yrs. | When in the city for work every August, 2012 - 2019 | | |
| Dec. 2013 | Yoga Warrior – Anusara® Yoga | Staff | Winter Park, FL |
| Nov. 2013 | Dancing To Be Found – A Workshop Contact Improv | Tim O'Donnell Granite Performing Arts Center, Prescott College, AZ | |
| Oct. 2013 | Earth – Syzygy Butoh & Ritual Dance Workshop | Nathan Montgomery Granite Performing Arts Center, Prescott College, Prescott, AZ | |
| Feb. 2013 - March 2020 | Lotus Bloom Yoga – Anusara® Yoga | Staff Christina Sells – guest/workshop | Prescott, AZ |
| Feb. 2013- Aug. 2022 | Switch Performing Arts Adv. Ballet, Jazz, Tap & Contemporary Hip-Hop includes Pop in Lock, Vogue-ing, Street Jazz, House | Leo Gallegos | Prescott, AZ |
| Feb. 2013 - Aug. 2019 | Sole CommUnity Dance, based on Gabriel Roth's Ecstatic Dance with community members | | Elks Theatre Perf. Arts Center, Prescott, AZ |
| Jan. 2013 | Barre 3® | Staff | Winter Park, FL |

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| | The Center for Contemporary Dance Adv. Ballet | Marsha | Winter Park, FL |
| July 2012-2019 (when in the city for work) | Pulsation Yoga – Anusara® Yoga | Kathy & Jim Simonik & staff B.J. Galvin – guest/workshop | |
| Sept. 2018, Sept. 2015, Sept. 2014, Sept. 2010 | Pulsation Sedona, AZ. Yoga Retreat | Kathy & Jim Simonik | |
| 2012 | | | |
| | Ririe-Woodbury Dance Adv.Modern | Faculty | Salt Lake City, UT |
| | Ballet Conservatory of Salt Lake City Adv. Ballet | Cristobal Marquez | Salt Lake City, UT |
| Dec. 2018 Aug. 2021, Aug. 2022 | Westlake Dance Studio Adv. Contemporary | Brittany Mattox | Seattle, WA |
| Aug. 1995-2001, | Faubourg School of Ballet Pro Ballet & Floor Barre | | Hanover Park, |
| IL July 2010, 2011 April & Oct. 2012 July 2012- Present (when in the city for work) | Pro Jazz Pro Modern | Casey Watmora Tatyana Mazur Avnun Yakubov Sam Burke Erin Gordon Camille Turner Victor Ramirez | |
| November 2010 | Millennium Dance Complex Jazz 3 & 4 Floor Barre | Kenji Yamaguchi Anthony John | Los Angeles, CA |
| | The Edge Performing Arts Center Jazz 3 Contemporary Jazz | Martin Kirt – guest/workshop Todd Norian - guest/workshop Malaya Nick Lanzisera | |
| | The Pulse 4 Contemporary classes including Teacher's class: Contemporary Contemporary Contemporary | Desmond Richardson Cris Judd Gil Duldulao Brooke Lipton – Choreographer of “Glee” | Portland, OR |
| February & August 2010, August 2011 | BeMoved® classes and licensing | Sherry Zunker | University of Idaho, Moscow, ID & Lou Conte Dance Studio, Chicago, IL |

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| Dec. 2012 | BeMoved® Artistry | | |
| March 2010 | ACDFA NorthWest Region-American College Dance Festival Association | | |
| | Adv. Modern | Helanius Wilkins | |
| | Falling, Supporting, Flying | Nicole Bradley Browning & Heidi Jones | |
| | Discovering Turn Out | Eggert | |
| | Contemporary Fusion | Mark Borchelt | |
| | Math Dance | Sara Pickett | |
| | | Eric Stern | Weber State University, Ogden, UT |
| July 2009 | Jazz Dance World Congress, | | Palmer House, Chicago. IL |
| | Adv. Jazz all classes – Faculty: | Randy Duncan | |
| | | Nan Giordano | |
| | | Liz Imperio | |
| | | Ray Leeper | |
| | | Jon Lehrer | |
| | | Masashi Mishiro | |
| | | Patty Obey | |
| | | Susan Quinn | |
| | | Kirby Reed | |
| | | Ceaser Salinas | |
| | | Joe Tremaine | |
| | | Sherry Zunker | |
| March 2009 | ACDFA NorthWest Region-American College Dance Festival Association | | |
| | Vocal Improvisation | Ric Chitwood | |
| | Professional Jazz | Andy Vaca | |
| | Adv. Contemporary Jazz | Lisa Stoddard | |
| | Adv. Jazz | Lawrence Jackson | |
| | Adv. Modern | Pamela Geber | |
| | | | Utah Valley University, Orem, UT |
| March 2009 | Urban Bush Women Washington State University Arts Committee and University of Idaho Dance Program sponsored one day master classes with Benneldra Williams. | | |
| | Beasley Coliseum, Washington State University, Pullman, WA & University of Idaho, Moscow, ID | | |
| Jan. & April 2009 | University of Idaho's Center for Dance- Dance Majors and Minors Club sponsored one- day workshop | | University of Idaho, Moscow, ID |
| | Adv. Lyrical, Adv. Jazz, Adv. Contemporary and Adv. Hip Hop | Dustin Stuart | |
| August 2008 | Lou Conte Studio of Dance – Home of Hubbard Street Dance Chicago, | | Chicago, IL |
| | Adv/Professional Ballet | Biruite Barodicaite | |
| | Adv/Professional Jazz | Dionna Pridgeon | |
| July 2008 | Bill Evans Dancers Intensive (applied to the Bill Evans Certification Program for Educators of Dance) | | Brockport College, Brockport, NY |
| | Bartenieff Fundamentals as Preparation for Dance Technique | Bill Evans | |
| | Bill Evans Labon/Bartenieff-Based Modern Dance Technique | Bill Evans, Don Halquist | |
| | Labon-Based Dance Improvisation and Composition | Bill Evans | |
| | Evans Modern Dance Repertor | Don Halquist | |
| | Alexander Technique Lab | Suzanne Oliver | |
| July 2007 | Dance Idaho! Eugene Ballet's Mathew McKinney, | | University of Idaho, Moscow, ID |
| | Ballet | Mathew McKinney | |
| Aug. 2007 | Jazz Dance World Congress, | | Palmer House, Chicago. Heller IL17 |
| | Adv. Jazz all classes – Faculty: | Robert Battle | |

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| | | | <p>Randy Duncan Nan Giordano Liz Imperio Ray Leeper Jon Lehrer Masashi Mishiro Judi Sheppard Missett Patty Obey Susan Quinn Kirby Reed Billy Siegenfeld Joe Tremaine</p> |
| July 2007 | <p>Dance Idaho! Lineage Dance Company, resident professional company from L.A., Ballet Jazz</p> | <p>Peggy Burt Caterina Mercante</p> | <p>University of Idaho, Moscow, ID</p> |
| March 2007 | <p>ACDFA NorthWest Region-American College Dance Festival Association Modern Technique Integration of Technique and Dance Hip Hop Modern</p> | <p>David Dorfman Brent Schneider Terron Flowers Brian Jeffrey</p> | <p>University of Montana, Missoula, MT</p> |
| Aug. 2006 – July 2012 | <p>University of Idaho (UI), HPERD Department, Dance Program, Festival Dance & Graham Contemporary Ballet Adv. Ballet</p> | <p>Kerry Parker Mia Songwood Melissa Scholten Noreen Graham</p> | <p>Pullman, WA & Moscow, ID</p> |
| Feb. 2010- July 2012 | <p>NourishYoga- Anusara® Yoga</p> | <p>Nancy Burtenshaw</p> | |
| Sept. 2001 - Dec. 2004 (Sept. – May 2000 – 2001 Sheila Humphreys and Jack Clark) | <p>Florida State University (FSU), Department of Dance Ballet</p> | <p>Anjali Austin Suzanne Farrell Sheila Humphreys Rick McCullough Richard Sias</p> | <p>Tallahassee, FL</p> |
| | <p>Jane Wood Contemporary Jack Clark</p> | <p>Lynda Davis Carrie Houser Anthony Morgan Patricia Phillips Jawole Willa Jo Zollar</p> | <p>Glena Batson</p> |
| | <p>Guest Artists</p> | <p>James Clouser Alex Ketley Alonzo King Vera Orlock Brent Schneider</p> | |
| | | <p>Dan Wagoner</p> | |
| | | <p>Lisa Wheeler</p> | |
| | <p>Gyrotonics Theory & Practice of Technique Theory of Dance Performance & Directing Video Documentation Technology for Dancers Social Analysis of Partner Dancing, Partnering Technique</p> | <p>Wallie Wolfgruber Anjali Austin Lynda Davis Dr. Nancy Smith Fichter Tim Glenn Jack Clark, Tim Glenn and Jeffrey Rolf</p> | |

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| | Choreographic Project | Dr. Nancy Smith Fichter and | Dr. Juliet McMains Douglas Corbin, |
| | Visual Design of Lighting for Choreography Dance History Research, Pedagogy of Dance History Choreography | | Libby Patenaude Russell Sandifer Dr. Tricia Henry Young Jawole Willa Jo Zollar |
| March 2005 | Urban Bush Women week-long company classes, African/Contemporary/Ballet style | Jawole Willa Jo Zollar | FSU Department of Dance, Tallahassee, FL |
| | CORD Conference – Congress On Research and Dance | | Hosted by Department of Dance, FSU, Tallahassee, FL |
| | Student Assistant and attendee, including a master class and luncheon with: Hip-Hop | Rennie Harris | |
| June 2003 | Tallahassee Irish Step Dancers Workshop, Irish Step, group and partner dance | David Jones | Montgomery School of Dance, Tallahassee, FL |
| March 2003 | ACDFA SouthEast Region - American College Dance Festival Association Advanced Ballet Advanced Modern Afro-Hatian Dance Video/Stage and Screen | Ms. Carlson, Richard Rein Jeri Houlihan, Teri Weksler La Troupe Makandal Tim Glenn | New World School of the Arts, Miami, FL |
| June 2001 - June 2005 | Southern Academy of Ballet Arts, Advanced Ballet | Natalia Botha, Charles Hagan | Tallahassee, FL |
| Aug. 2000 | Dance for Life Workshop: Lou Conte School Dance Studio Advanced Ballet Advanced Modern Intermediate Lyrical Intermediate Jazz Advanced Jazz | Laura Wade Ginger Farley Ellen Werksman Claire Bataille Sherry Zunker-Dow | Chicago, IL |
| Aug. 2000 | Japanese Dance Workshop Authentic Japanese Folk Dances | Busse Woods Shopping Center, Busse Woods, IL Various Japanese Dance Teachers | |
| Aug. 1999 | Dance for Life Workshop: Lou Conte School Dance Studio, Intermediate Ballet Intermediate Modern Elemental Body Alignment Systems Hip Hop Advanced Jazz Combo | Laura Wade Melissa Thodos Scott Putman Kirby Reed Randy Duncan | Chicago, IL |
| Aug. 1999 | Dance for Life Workshop: Giordano Dance Center, Advanced Modern Advanced Jazz Intermediate Jazz Jazz Combo | Ginger Farley Claire Bataille Ellen Werksman Nan Giordano | Evanston, IL |
| Aug. 1999 | River North Dance Company Summer Workshop The Ruth Page Foundation School of Dance, Advanced Repertory and Advanced Jazz Advanced Ballet Advanced Musical Theater choreographer for Sense & Sensibility in Chicago's Shakespeare Theatre – colleague of mine. | Sherry Zunker, Frank Chaves Claire Bataille and Sara Ayers Harrison McEldowney – Mari Jo Irbe | Chicago, IL |

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| Aug. 1998 | <i>Dance for Life Workshop: Lou Conte School Dance Studio,</i> Intermediate Pilates Advanced Ballet Advanced Modern Hip Hop Advanced Jazz Combo | Julie Schiller and Gail Tangeroa Randy Newsom Claire Bataille Harrison McEldowney Sherry Zunker-Dow | Chicago, IL |
| Nov. 1993 - June 2001 | <i>Northwest Ballet Academy,</i> Advanced Ballet and Character Advanced Jazz | Camille Baranchik, Michele Holzman, Randy Newsom, Roberta Pfeil Dr. Charles Carter, Jason Ohlberg and Ruth Reinachreiber | Schaumburg, IL |
| Sept. 1992 - March 1993 | <i>The Dayton Ballet School of Dance,</i> Private Instruction in Floor Barre/ Body Work Floor Barre/Ballet and Pointe Advanced Ballet | Karen Williamson James Clouser, Michael Job, Bess Saylor Imber | Dayton, OH |
| June 1992 | <i>The Dayton Ballet Summer Workshop,</i> Advanced Floor Barre Pointe, Repertory Advanced Jazz Advanced Modern and Improvisation | Karen Williamson James Clouser, Carol Iwasaki, Bess Taylor Imber and Michael Job Leslie Stephens Susan Sanders | Dayton, OH |
| | <i>The Dayton Ballet Summer Workshop,</i> Workshop Performance | Duet: <i>Big Swans</i> - Petipa Choreographer Dancer: <i>A Work</i> - Bess Imber Choreographer Dancer: <i>Pocket Calculator</i> - James Clouser Choreographer Dancer: <i>A Work</i> - Mark Hilleary Choreographer | |
| Aug.-Dec. 1992 | <i>The Ruth Page School of Dance,</i> Private Instruction on The Pilates Reformer | Jaunita Lopez | Chicago, IL |
| Jan. 1991 - Aug. 1992 | <i>The Ellis DuBouley School of Ballet,</i> Advanced Ballet and Pointe Advanced Ballet | Christine DuBouley Richard Ellis | Chicago, IL |
| Jan. 1991 - Aug. 1992 | <i>The Homer Bryant School of Ballet,</i> Advanced Ballet/Floor Barre | Homer Bryant | Chicago, IL |
| | <i>The River North Dance Studio,</i> Advanced Jazz | Sherry Zunker | Chicago, IL |
| Jan. 1990 - Aug. 1992 | <i>The Ruth Page School of Dance,</i> Advanced Ballet | Larry Long and Warren Conover | Chicago, IL |

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| Jan. 1990 - Aug. 1992 | <i>The Lou Conte Dance Studio,</i> Advanced Ballet Advanced Jazz | Biruite Barodicaite and Claire Bataille Ginger Farley | Chicago, IL |
| June 1988 - Aug. 1992 | <i>The Joseph Holmes Chicago Dance Theater,</i> Advanced/Company Ballet Advanced/Company Graham Technique Advanced/Company Jazz Intermediate Modern | Biruite Barodicaite Harriet Ross Randy Duncan Michael Quaintance | Chicago, IL |
| Aug. 1989 - March 1991 Summers 1986, 1988 | <i>Various Studios:</i> Evanston, Highwood, Waukegan, Libertyville, and Northbrook, IL 4 Hour Therapeutic Barre/Stretch/Pointe class | Fred Alexson | Chicago, IL |
| Feb. 1991 | <i>The Doug Varone Workshop: Moming Performing Arts Center,</i> Advanced Modern <i>Contact Improv and Improv Workshop: downtown space near Ruth Page Dance</i> Codifier/Pioneer <u>Steve Paxton</u> | Doug Varone and Company | Chicago, IL |
| Aug. 1989 - Dec. 1991 | <i>The Joseph Holmes Chicago Dance Theater, Union paid International Company</i> Full Company Scholarship/Apprentice Company Ballet Company Graham Technique Company Jazz | Biruite Barodicaite Harriet Ross and Michael Quaintance Randy Duncan | Chicago, IL |
| July-Aug. 1989 | <i>The American Dance Festival: Duke University,</i> Functional Anatomy Master Classes in African Dance Advanced Composition Advanced Modern Master Class Cunningham Technique Ballet, Contemporary Partnering Modern Master Class | Glenna Batson Chuck Davis Stuart Hodes Jeri Houlihan Advanced Jeff Slayton Advanced James Sutton Advanced Doug Varone | Durham, NC |
| June 1988 - June 1989 | <i>The David Taylor Dance Theater,</i> Advanced/Company Ballet & Pointe Advanced/Company Graham Technique | Debra Mercer, Lynelle Mossholder Michelle O'Bryan Franca Telsio | Denver, CO |
| | <i>Community Dance Collective and Regis College,</i> Integration of Yoga and Traditional Dance Technique | Karen Steele | Boulder & Denver, CO |
| | <i>Community Dance Collective,</i> Ashtanga Yoga in the Vinyasa style | Richard Freeman | Boulder, CO |
| June 1988 | <i>Colorado Dance Festival, Colorado University,</i> | | Boulder, CO |

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| | Partial Scholarship Advanced Ballet | Donald Mahler, Karen Kriete Doug Varone, John Malashock and Robert Kovich John Carrafa Llory Wilson and Company Debra Jowitt | |
| | Advanced Modern: | | |
| | Advanced Performance Skills Advanced Partnering Dance History Trapeze Technique/Festival Performance | Airbourn Miester Eichart: Role: Beguine Choreographers and Directors: Robert Davidson and Kris Wheeler | |
| Aug. 1985 - Dec. 1988 | Loretto Heights College, | | Denver, CO |
| | | <i>Loretto Heights College is now a part of Regis University, Denver, CO</i> | |
| | Ballet, Pointe Contemporary, Improvisation, Contact Improvisation and Jazz | James Clouser and Dana Nugent-Aylesworth Margo Law, Polly Motley Guest Artist-Scott Hunt James Clouser & Jacqui Boomer | |
| | Kinesiology and Applied Kinesiology Composition I & II, Repertory, Music for Dancers and Eurhythmics Advanced Tap Dance History and Pedagogy Classical Voice Technique Flamenco (Spring semester) | James Clouser Angela & Betty Crowley Margo Law Christina Lynn Pablo Rodatre | |
| July 1988 | Space/Dance/Theater:Reunion Workshop at Sam Houston State University, | | Hunstville, TX |
| | Advanced Ballet Advanced Improvisation Advanced Modern Workshop Performance: Dancer - | James Clouser Polly Motley Susan Sanders Brown Rice James Clouser Choreographer A Water Study James Clouser Choreographer Tract II Polly Motley Choreographer Le Spring Lake Ballet and En Masse Improvisations | |
| July 1988 | Picus Dance Academy, | | Denver, CO |
| | Advanced Jazz | Stan Picus | |
| Dec. 1986 - Jan. 1997 | Martha Graham School of Contemporary Dance: (Winter Intensive) Graham Technique Level II | | New York, NY |
| | | Armgard Von Bardelben and Myra Woodruff | |
| March 1986 | ACDFA SouthWest Region - American College Dance Festival Association | | Loretto Heights College, Denver, CO |
| | Jazz, Kinesiology and Applied Kinesiology Advanced Jazz Advanced Modern and Theatre/Dance Improvisation Advanced African Flamenco Advanced Modern Advanced Graham Technique | Jacqui Boomer Thomas Cooperman Joe Goode Cleo Parker Robinson Pablo Rodarte Clay Taliaferro Tim Wemgerd | |
| Aug. 1981- 1985 | Break Dance, Pop n' Lock, Juke | my High School open spaces, friends, challengers and the streets of Chitown | Chicagoland, IL |
| Aug. 1970 - June 1981 | Sharon Kassel School of Dance: All levels of Tap | Sharon & Cindy Kassel Pat Doyle | Rolling Meadows, IL |

PROFESSIONAL JUDGING/ADJUDICATION

Feb. 2025

Invited (paid) Adjudicator for AzDance Educators Organization's Arizona state-wide middle/high school Dance Festival
Valley Vista High School, Surprise, AZ

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| April 2024 | Invited (paid) Adjudicator for Second Annual Student Choreography Competition , 5 – 18 yrs. old. Any Dance Discipline. <i>The Movement Studio</i> , Prescott Valley, AZ |
| April 2023 | Volunteer Adjudicator for First Annual Student Choreography Competition , 5 – 18 yrs. old. Any Dance Discipline. <i>The Movement Studio</i> , Prescott Valley, AZ |
| Aug. 2008 | Adjudicator for University of Idaho's Dance Theatre Fall Concert choreography <i>University of Idaho, HPERD Department, B.S. In Dance</i> , Moscow, ID |
| Sept-Oct. 2007 | Adjudicator of Northwest Ballet's, "Les Sylphide" & "The Firebird" <i>Gladdish Performing Arts Center</i> , Pullman, WA |
| Oct. 2006 | Judge of "So You Think You Can Dance Idaho?" <i>University of Idaho, HPERD Department, B.S. In Dance</i> , Moscow, ID |
| Aug. 2007 | Adjudicator of Washington State University's Elite Dance Company <i>Washington State University</i> , Pullman, WA |
| May 2004 | Adjudicator for Senior Company (13-up yrs. old) <i>Tallahassee Ballet</i> , Tallahassee, FL |
| Aug. 1996 | Judge of Junior Dance Division in Ballet, Jazz, Lyrical, Modern, Tap, Line and Novelty <i>Chicago National Association of Dance Masters</i> , Arlington Heights, IL |
| Jan. 1991 | Volunteer Adjudicator for Dance Scholarships (teens) <i>Elgin Area Performing Arts</i> , Elgin, IL |

PROFESSIONAL MODELING

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| July 1992 | Navy Pier Fashion Show , 36 models, 45 minutes Choreographer as well as Model music: collage Salvatorie Photographer & Director <i>Navy Pier</i> , Chicago, IL |
| Aug. 1991 | Runway Model: Wilfredo Imperial Collections <i>Rizal Center</i> , Chicago, IL |
| March 1990 | Print Model: Leo's Dancewear Catalog, (Fall 1990: Ballet Attire) <i>Leo's Dancewear Warehouse</i> , Chicago, IL |

PROFESSIONAL FILM & VIDEO

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| March 1998 | Director/Choreographer of filmed excerpt used in "Satchdance – One People" , pas de deux, 1 and a half minutes Music: Joe Satriani, Cool #9 Michael Anderson of the <i>Joffrey Ballet</i> and Julia Leihman of <i>Chicago Theatre Ballet - Performers</i> dance for film shot at the <i>Joffrey Ballet Studio</i> in Chicago, IL |
| Aug. 1991 | Dancer: The Burton Project: Dance Drug Free: Strawberry Performance and Documentary for Chicago Cable Telecast and other markets Stephanie Burton Choreographer / Script Writer Funded by the National Association for the Advancement of Colored People <i>Daley College</i> , Chicago, IL |
| June 1989 | Original Role/Soloist: Moonlight Sonata , (conceptual dance video for exhibition) Dana Nugent-Aylesworth Choreographer & Director Funded by the National Endowment for the Arts various sites Boulder and Denver, CO |
| June 1988 | Original Role/Soloist: And the Self Falls in Visionary Shipwreck , (conceptual dance video for exhibition), Polly Motley Director and Co-Choreographer Dana Nugent Aylesworth Funded by the National Endowment for the Arts film studio, Boulder, CO |

PROFESSIONAL INDUSTRIALS

- Jan. 1991 **Rap Dancer with Lip Sync, Miss Prosom Sleeping Pill – Acting on script - Abbott Laboratories Annual Business Convention**
Michael Gonzalas and Ron Wald Choreographers
Script Writers and Lyricists *Stouffer Hotel, Disney World, Orlando, FL*
- March 1991 **Dancer: Little Caesars Pizza Annual Business Convention, (performance with live band)**
Michael Gonzalas Choreographer *Dolphin Hotel, Disney World, Orlando, FL*
- May 1991 **Dancer: The Midwest Beauty Show, Tressa Hairshow**
Bill Coate Choreographer *Rosemont Expo Center, Rosemont, IL*
- July 1991 **Dancer: The Miss Cosmopolitan Continental - L.G.B.T.Q.I International Competition**
Patrick Rosseou Choreographer *The Baton, Chicago, IL*
- June 1991 **Dancer: The 34th Annual Fashion Show/Graduation of the Cleo Johnson Beauty School of Charm,**
Laurie Gous Choreographer *The Palmer House, Chicago, IL*
nation's first black-owned modeling and charm school *8443 South Cottage Grove, Chicago, IL*
- July 1990 **Dancer: The Miss Centennial Pageant** *The Park West, Chicago, IL*
Keith Elliott Choreographer - L.G.B.T.Q.I International Competition

PROFESSIONAL ACTING

- Jan. 1991 **Soloist: Actress: Abbott Laboratories Annual Business Convention**
Roles: Miss Prosom and Business Woman – straight acting with lines
Michael Gonzalas and Ron Wald Choreographers, Script Writers and Lyricists
Stouffer Hotel, Disney World, Orlando, FL
- April 1987 **Cosima – An original Theatre and Dance Production Written by Lou Malantri and Choreographed by James Clouser – Original play with dancing about composer Wagner's wife Cosima.**
Actress: Cuncubine - straight acting with lines and intimate scene
Soldier: Soloist Dancer, all improv
Loretto Heights College, O' Sullivan Theatre, Regis College, Denver, CO

PROFESSIONAL PUPPETRY ACTING, WITH CHOREOGRAPHY

- Jan.-June 1999 **Children's Birthday Party Puppeteer Instructor**
Dance-Plus Productions Inc., Deerfield, IL
- Aug. 1991 -
May 1992 **Funny Little Person (life size dancing puppet) - As seen on America's Got Talent**
Those Funny Little People Enterprises, Inc., Burr Ridge, IL
- Oct. 1986 **Player: (Moving, Non-speaking, Life-Size Puppetry with Props): Night House: A Dream Play George Peters Director/Choreographer**
Boulder and Denver, CO

PROFESSIONAL PAST TEACHING

- Jan.-April 2005 **Ballet Instructor for DanceChance Outreach Program (9-11 yrs. old)**
(Choreographer of Class(es) Above for Annual Concert) *Tallahassee Ballet, Tallahassee, FL*
- Jan.-June 2005 **Ballet/Pointe instructor for Intermediate, Senior/Apprentice Ballet Scholarship/Outreach Program Dance Instructor (10-11 yrs. old)**
- June 2004 **Intermediate, Senior/Apprentice Ballet, Jazz, Floor Barre and Hip Hop Instructor for one week workshop (9-up yrs. Old)**
(Choreographer of Outreach Class(es) Above for Annual Concert)
South Georgia Center for the Performing Arts, Cairo, GA

- Jan.-May 2004 **Student Rehearsal Director and Personal Assistant to Suzanne Farrell**
Restaging of *Western Symphony* choreographed by George Balanchine for *An Evening of Dance*
The Florida State University Department of Dance, Tallahassee, FL
- April 2005 **Musical Theatre Dance Styles sub (13-18 yrs. old)** *Young Actor's Theatre, Tallahassee, FL*
- Jan. 2003 -
Dec. 2004 **Graduate Teaching Associate for general educational dance classes**
Beginning Contemporary I, Beginning Ballet II, Jazz I and two each Beginning Ballet I and Jazz II
The Florida State University Department of Dance, Tallahassee, FL
- May 2004 **Audition Ballet class Instructor for Junior Company (9-12 yrs. old)**
Adjudicator for Senior Company (13-up yrs. old) *Tallahassee Ballet, Tallahassee, FL*
- May 03' & 04' **Jazz Master class (13-18 yrs. old)** *Tallahassee Dance Academy, Tallahassee, FL*
- June 2003 **Contemporary Instructor for one week workshop**
(6-12 yrs. old: Beginning & 13-18 yrs. old: Intermediate)
Dothan School of Dance, Dothan, AL
- June 2003 **Creative Movement Inst. – One day workshop (3-6 yrs. old)**
United Church, Tallahassee, FL
- Aug. 2001 -
April 2003 **Director and Instructor of Pre-School and Ballet/Pointe programs – Instr. African dance**
master dance class and consultation (2 -18 yrs. old: Beginning - Advanced Levels)
Off Broadstreet Centre for the Dance Arts, Cairo, GA
(Choreographer of Class(es) Above for Annual Concert)
- Jan.-June 2001 **Instructor of Parent & Tot, Pre-school, & Kindergarten gymnastics**
Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL
- Aug. 1998 -
June 2001 **Instructor of U.S.A.G Girls Competitive Gymnastics Team Dance classes – Ballet, Contemporary,**
Heller Barre Method©
Level 5 non competitive and competitive, Level 9, & Level 10 (7-18 yrs. old)
Instructor: Creative Movement, Pre-ballet, Pre-tap, Pre-jazz, Hip-Hop classes (2-8 yrs.)
Buffalo Grove Dance Center, Buffalo Grove, IL
- Aug. 1997 -
July 1998 **Instructor of Girls & Boys U.S.A.G. Competitive Gymnastics Team Dance Program**
Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL
- Aug. 1995 -
July 1997 **Co-Director/Inst. of Girls & Boys U.S.A.G. Competitive Gymnastics Team Dance Program.**
Co-Director/Inst. Buffalo Grove Dance Center
Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL
- Sept. 1993 -
July 1995 **Original Director and Instr. of Girls & Boys U.S.A.G. Competitive Gymnastics Team**
Dance Program
Original Director and Instructor Buffalo Grove Dance Center
Boys authored in 1994 & continued till 1998 – Ballet Barre and Heller Barre Method©
Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL

Duties of Director - Instructed and developed:

All curriculum development, hired instructors, maintained communication with parents, developed Handouts/quizzes, progress charts, made schedule suggestions and endless administrative work when Director and Co-Director.

- **U.S.A.G. Girls Competitive Gymnastics Team Dance Program dance technique for Gymnasts:**

Girls Team - (Level 5-10: 7-18 yrs old) - one hour per level, per week

- **U.S.A.G. Boys Competitive Gymnastics Team Dance Program dance technique for Gymnasts:**

Boys Team - (level 1-6: 7-18 years old) - 1/2 hour per level, per week

- **First Grade - Adult Dance Program:** Basic Ballet (6-9 yrs. old), Jazz I (6-8 yrs. old), Jazz II (7-9 yrs. old), Jazz I & II (9-12 yrs. old), Hip-Hop (6 yrs. old - Adult), Elements of Dance 1 & 2 (Combo. Ballet/Tap/ Creative Movement, 6-8 yrs. old), Dance Aerobics/Stretch class for Teens/adults and Jazz, Funk, Hip Hop with Juke with Stretch/Conditioning dance class for High School Pom Poms (Stevenson and Wheeling High School).

- **Pre-School Dance Program:** Parent & Tot Creative Movement (2-3 yrs. old), Creative Movement (3-5 years. old), Elements of Dance 1 (4-6 yrs. old)
 - **Choreographed Girls Team dance's for the U.S.A.G. Girls Team Gymnastics Program Annual Awards Presentation from 1994 – 1999, Co-choreographed 2000-2001**
 - **Directed, Performed in, Co-choreographed and Organized**
1st. Annual *Buffalo Grove Dance & Gymnastics Center* Dance Recital in 1995
 - **Co-Directed, Performed in, Co-choreographed and Organized**
2nd. and 3rd. Annual Dance Recitals 1996 & 1997 **Co-choreographed** 1998-2001
 - **Co-Director of the *Buffalo Grove Dance Center's* Dance Troupe** in Spring 1997
- June-Aug. 1996 **Instructor of Junior Pom Pom routine for State Pom Pom Competition**
Wheeling High School, Wheeling, IL
- Aug. 1994 - June 2001 **Sub for Pre-school, recreational, & kindertwisters (boys/girls) gymnastics (3-8 yrs. old)**
Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL
- Aug. 1998- June 2001 **Original Instructor of U.S.A.G. Competitive Girls & Boys Gymnastics Team – Ballet & Heller Barre Method©**
Classes (Level 5-7, 7-13 yrs. old) *Bartlett Gymnastics Center, Bartlett, IL*
- Jan. 1997 - June 2001 **Floor Barre, Ballet, Tap, Jazz, Hip-Hop, Pre-Ballet, Pre-Tap & Pre-Jazz Instructor**
(2-18 yrs. old: Beginning - Advanced Levels)
Sub-Musical Theatre Dance Styles (13-18 yrs. old)
(Choreographer of Class(es) Above for Annual Concert) *Dance Motions, Bartlett, IL*
- Aug. 1996 - June 2001 **Substitute Music & Movement, Pre-Ballet, Beg. Tap, Ballet, & Int. Jazz Instructor**
(3 yrs. old-adult) *Northwest Ballet Academy, Schaumburg, IL*
- Sept. 1999 - Dec. 2000 **Sole Instructor of all Pre-Ballet/ Jazz/ Creative Movement, African, Irish, Japanese dance and Gymnastic classes** (2-8 yrs. old) *Acarath Montessori Center, Schaumburg, IL*
- June 1997 - Aug. 1999 **Substitute**
(Director and Choreographer of Class(es) Above for Annual Christmas Concert)
- Aug. 1998 - June 1999 **Ballet & Pointe Instructor**, (12-20 yrs. old: Intermediate - Advanced Levels)
(Choreographer of Class(es) Above for Annual Concert) *Dixon Dance Academy, West Dundee, IL*
- Nov. 1998 **Graham based Master class**, (12-16 yrs. old: Intermediate - Advanced Levels),
Dixon Dance Academy, West Dundee, IL
- June-July 1997 **Advanced/Level four Jazz Instructor**, (10-adult)
(Choreographer of Class Above for Ballet Camp Illinois Fifth Annual Awards Banquet)
Faubourg Ballet Academy, Hanover Park, IL
- Aug. 1996 - **Pre-Ballet and Ballet I Instructor** (3-6 yrs. old)
(Choreographer of Class(es) Above for Annual Concert)
Lake Bluff Park District School of Dance, Lake Bluff, IL
- Aug. 1996 - Dec. 1997 **Substitute Jazz & Pre-Ballet Instructor**, (4-14yrs. old)
Expressions Dance Academy, Elk Grove Village, IL
- Aug. 1996 - Dec. 1997 **Creative Movement Instructor**, (3-6 yrs. old)
Deerfield Day School in care of Helen's School of Dance, Chicago, IL
- Aug. 1996 **Guest Hip-Hop Instructor** (6-8 yrs. old) *Banner Day Camp, Lake Forest, IL*
- Jan.-Aug. 1994 **Creative Movement, Pre-Ballet, Ballet and Jazz Instructor**
(3-12 yrs. old: Beginning & Intermediate Levels) *Dance-Plus Productions. Inc., Deerfield, IL*
- Jan.-June 1994 **Creative Movement, Pre-Ballet, Tap, Gymnastics & Ballet / Pointe Instructor**
(4-16 yrs. old: Beginning & Intermediate Levels)
(Choreographer of Class(es) Above for Annual Concert) *Shavon's Studio of Dance, Zion, IL*

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- Nov. 1994 **Guest Hip-Hop & Modern Instructor** (9-12 yrs. old: Beginner Level)
Mt. Prospect Park District, Mt. Prospect, IL
- Sept. 1994 Present**
Choreographed and Taught over 300 Girls Floor Routines that have placed in U.S.A.G. Local, State, Regional, National and Olympic Trial Competitions Regions 5, 8 & 2 Over 280 – Over 80 Level 10, including Olympic Trial alternates, over 60 Level 9, over 60 Level 8, and over 60 Level 7-Some Level 10 and 9 routines were also used for High School Gymnastic competitions. Gymnasts have included Lindsey Borkan, Brittany Howse, Katie Burke, Leah Johnson, Beth Klieman, Beth Rizzo, Michelle McGrady and Lori Ponsler to name a few.
- Some elements of my Heller Barre Method® were used by Coach Leo to train U.S.A. Men's 2024 Bronze Winning Team Gymnastic Olympian Paul Ruda for several years where he trained at Buffalo Grove Dance & Gymnastics. 2015 - 2020**
- Buffalo Grove Gymnastics (IL), Bartlett Gymnastics (IL), American Academy Gymnastics (IL), International Gold Gymnastics (FL), Palouse Empire Gymnastics (ID) and The Prescott YMCA Gymnastics Club (AZ) IL, FL, ID, & AZ*
- Aug. 2010-Present**
Floor Routine Music Mixer - Region 5, 9
- Nov. 1993 **Guest Tap Instructor** (8-12 yrs. old: Intermediate Level) *Shavon's Studio of Dance, Zion, IL*
- Jan.-Aug. 1992 **Private Instructor, Choreographer** (10 yrs. old), Student: Alan Aralyo
in care of The Joseph Holmes Chicago Dance Theater School of Dance, Chicago, IL
- Private Instructor for Curvature of the Spine** (12 yrs. old), Client: Maggie Waldman in care of
The Dance Workshop Performing Arts Center, Palos Heights, IL
- Creative Movement, Pre-Ballet and Tap Instructor** (6-9 yrs.) (Choreographer of Class(es) Above for Annual Concert)
The Dance Workshop Performing Arts Center, Palos Heights, IL
- Ballet Instructor** (Teens: Intermediate-Advanced Levels)
(Choreographer of Class(es) Above for Annual Concert) *Jan's Studio of Dance, Chicago, IL*
- Substitute Creative Movement Instructor, Pre-Ballet** (3 - 6 yrs. old)
Park District of Oak Park, Oak Park, IL
- May-Aug. 1991 **Choreographer, Coach, Music Editor & Costume Designer**
The National Reebok Aerobic Competition, 1991 Midwest Regional Competition, Men's Division - Mike Spear Competitor
various locations including The North Shore Club, Morton Grove, Mt. Prospect, IL
- May-Aug. 1992 **Personal Trainer**, Client: Mike Spear *various locations, Morton Grove, IL*
- Aug. 1990 - May 1992
March – May 1990 **Modern Instructor** (16 yrs. - Adult: Introduction - Intermediate Levels)
(Choreographer of Class(es) Above for Annual concert)
- First in the nation after school Dance program at a company school – Funded by KRAFT**
The Joseph Holmes Chicago Dance Theater School of Dance, Chicago, Pilsen, South Side, IL
- Aug. 1991 - **Conceived, Sole Dance Coordinator and Instructor - Creative Movement, Pre-Ballet, Jazz Inst. – Outreach Program**
May 1992 (kindergarten - sixth grade) *Our Lady of Lourdes Elementary School, Chicago, IL*
(Director and Choreographer of Class(es) Above for Annual Concert)
- Aug.-Dec. 1991 **Jazz and Ballet Instructor** (teens: Advanced level)s
Copeland Dance Academy, St. Charles, IL
- June 1991 **Tap Instructor** (Senior Citizens: Intermediate Level)
River Trails Park District, Mt. Prospect, IL
- Aug. 1990 - **Jazz Instructor** (16 yrs. - Adult: Intermediate - Advanced Levels)

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| May 1991 | | <i>The North Shore School of Dance, Highwood, IL</i> |
| | Choreographer, Guest Instructor (High School Seniors: Advanced Level) The Annual District 214 High School Dance Festival, District Senior Dance | <i>Rolling Meadows High School, Rolling Meadows, IL</i> |
| Jan. 1991 | Volunteer Adjudicator for Dance Scholarships (teens) | <i>Elgin Area Performing Arts, Elgin, IL</i> |
| Aug. 1990 - May 1991 | Guest Jazz Instructor (18 yrs. - adult: Intermediate - Advanced Levels) | <i>Dancespace, home of The Chicago Dance Medium, Chicago, IL</i> |
| June 1990 | Guest Dance Instructor for Gifted Children (14-18 yrs. old, Beginning - Advanced Levels) | <i>Northshore Country Day School, Winnetka, IL</i> |
| | Ballet Instructor (7-12 yrs. old: Beginning Level) | <i>Mary Lou's Dance Academy, Chicago, IL</i> |
| Jan.-May 1989 | Jazz Instructor (14-18 yrs. old: Beginning - Intermediate levels) | <i>Commerce City Recreation Center, Commerce City, CO</i> |
| June 1986 | Tap Instructor (Senior Citizens: Beginning Level) | <i>Loretto Heights College, Denver, CO</i> |

PAST PROFESSIONAL CHOREOGRAPHY

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|-----------------|--|---|
| Dec. 2008 | <i>"An Evening of Repertory"</i> (concert produced & directed by Mary Heller for Faculty, Guest Artists and students) <i>We Have This</i> - 8 dancers, 8.5 minutes <i>Grand Canyon</i> by Ani Defranco; <i>Himininn Er AoHrynja</i> by Olafur Arnalds (music edited by Mary Heller and Noel Barbuto) https://youtu.be/yMMHkyqozao | <i>Hartung Theatre, University of Idaho, Moscow, ID</i> |
| Aug. 2008 | Musical Theatre solo (15 yr. old girl – Intermediate level – 3.5 minutes) to be entered into dance competitions - music: "Love Being A Girl" remix | <i>Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL</i> |
| May 2008 | Choreographed end-of-year Showcase Team Dance for U.S.A.G. Girls Gymnastic Team Edited requested musical selections into one piece of music. | <i>Palouse Empire Gymnastics, Moscow, ID</i> |
| March 2008 | <i>"Dancers, Drummers, Dreamers XVII"</i> (collaboration between the <i>University of Idaho's Dance Program</i> and <i>Lionel Hampton's School of Music</i>) <i>Health Care Reform</i> – 5 dancers, 5 minutes Choreographic Concept/Direction: Mary Heller Choreography: Mary Heller and Dancers Original Composition by: Navin Chettri performed live by Navin and Musicians 17:16 - https://youtu.be/Kx46HIPLcvM | <i>Hartung Theatre, University of Idaho, Moscow, ID</i> |
| July/Aug. 2007 | Jazz solo (9 yr. old girl – Intermediate level – 3.5 minutes) to be entered into dance competitions music: B.B. King | <i>Buffalo Grove Dance & Gymnastics Center, Buffalo Grove, IL</i> |
| Nov. 2009 | <i>"Moveable Feasts"</i> (concert produced & directed by Mary Heller for Faculty, Guest Artists and students) www.unintendedaffects.com - 9 dancers, 11 minutes <i>Zaka</i> by Jennifer Higdon; <i>strange imaginary remix</i> by Dennis DeSantis (music edited by Mary Heller) | <i>Hartung Theatre, University of Idaho, Moscow, ID</i> |
| Jan.-April 2007 | <i>"Oklahoma"</i> Directed by David Lee-Painter, Music Direction by Chris Thompson Kansas City, It's A Scandal!, and Farmer & the Cowman Dance – 32 actors/singers/dancers 2 and a half hours | <i>Hartung Theatre, University of Idaho, Moscow, ID</i> |

- March 2007 **“Dancers, Drummers, Dreamers XVI” (collaboration between the *University of Idaho’s Dance Program and Lionel Hampton’s School of Music*)**
- No, Wait, This Will Work!*** – 5 dancers, 5 minutes – start at 22.29
Original Composition/live Performance by Kevin Kovalchik
Hartung Theatre, University of Idaho, Moscow, ID
- Dec. 2006 **“So You Think You Can Dance Idaho?” (concert produced & directed by Mary Heller for Faculty, Guest Artists and students)**
- Downfall into Girlworld*** – 16 dancers, 8 minutes
Original Composition for the Marimba by Kevin Kovalchik
Hartung Theatre, University of Idaho, Moscow, ID
- Feb. 2006 **Legacy - concert produced & directed by Mary Heller for Faculty and students.**
- West Port obtained a huge grant the following year based on this part of the concert being from students reading “The Remarkable Women of Florida” book by E. Lynne Wright (Author) to generate and give meaning to people they danced as. A Semester-long learning process.**
- Malee Francis –Florida’s Pocahontas***, 37 dancers, 9 minutes
Co-choreographed with Muskogee and Seminole Indian Historian Jim (Sawgrass) Boettner original composition: Jim (Sawgrass) Boettner
- Bertha Honore Palmer – Diamonds and Cattle Ranches***, 12 dancers and soloist, 10 minutes
music: esa-pekka Salonen, excerpt from *Mania for violoncello solo and ensemble* –
Anssi Karttunen, cello, London Sinoietta
- Julia Tuttle – Mother of Miami***, 12 dancers, 3 minutes
Co-choreographed with Ashley Smith and MCCA Dance Company dancers music: Jacques Offenbach, *Can Can from Orpheus In The Underworld* and
Moulin Rouge, excerpt from *Can, Can, Can*
- Mary McLeod Bethune – Daughter of Slaves, Advisor to Presidents***,
35 dancers and soloists, 18 minutes music: Kronos Quartet, *excerpt from Requiem for Adam – Ascending the Heaven Ladder* and *Cortrjo Funebre en el Monte Diablo*
We Shall Overcome: Live accapella chorus singer
- Harriet Bedell – White Sister of the Seminoles***, 11 dancers and soloist, 7 minutes music:
MCCA Dance Company dancer playing original Seminole Composition on flute
- Eartha M.M. White – Angel of Mercy***, solo, 4 minutes music: Arvo
Part Te Deum, excerpt from *Magnificat* ***Dr. Anna Darrow – Doc Anner***, 4 dancers, 8 minutes
music: Totem – Gabrielle Roth and The Mirrors, excerpt from *Eternal Dance*
- Ivy Cromartie Stranahan – Little White Mother***, 5 dancers and soloist, 9 minutes
music: *Ragtime* by Randy Newman, *Waltz For Evelyn*, *Delmonico Polka*, and *Morgan Library Takeover*

The Tapping Flappers – Roaring 1920's, 22 dancers, 4 minutes music: Duke Ellington, *Ina Jam*

Ruth Bryan Owen – Florida's First Congresswomen, soloist, 5 minutes music:

Arvo Part Te Deum, excerpt from *Berliner Messe – Sanctus*

Rose Sayetta Weiss – Mother of Miami Beach, 5 dancers and soloist, 5 minutes music: *Happy Days Are Here Again*, Kronos Quartet, excerpt *The Philosopher's Hand*

Marjory Stoneman Douglas – Mother of the Everglades, 19 dancers, soloist, and 3 actors, 9 minutes music: Ragtime by Randy Newman, *Clef Club No. 2*, and *Denouement*

Zora Neale Hurston – A Genius of the South, solo, 7 minutes
Text selected by Ms. Heller, soloist, and understudy – text spoken live by Ms. Heller

Helen Hunt West – Lawyer, Journalist, Feminist, 11 dancers, 6 minutes music: Kronas Quartet, excerpt from *Requiem for Adam*

Marjorie Kinnan Rawlings – Pulitzer Prize Winner at Cross Creek, solo, 4 minutes
music: esa-pekka Salonen, excerpt from *Mania for violoncello solo and ensemble – Anssi Karttunen, cello, London Sinonietta*

MCCA Dance Company, Mary Heller Artistic Director, and Elective dance classes *Marion County Center for the Performing and Fine Arts Theatre Magnet Program at West Port High School Dance Department*
Ocala, FL

Oct. 2005 ***Uma Familia (concert produced & directed by Mary Heller)***

Oct. 2005 ***Play It***, 26 dancers, 10 minutes
Accapella tap with live Drumline

Oct. 2005 ***Goodbye***, male solo, 3 and a half minutes music:
Carly Simon, *Oh Danny Boy*

Nov. 2004 ***I Take It All Back***, 16 women dancers, 5 minutes (Repertory
Restaged)
music: Mark Russell, *OutEast*

Oct. 2005 ***Our Stories***, 36 dancers, 15 minutes
First Section – Original and live Rap written and sung by dancers
Second section – Original Choreography developed by dancers in Composition class
Third Section – *Uma Familia* danced to live chorus

MCCA Dance Company, Mary Heller Artistic Director, and Elective dance classes *Marion County Center for the Performing and Fine Arts Theatre Magnet Program at West Port High School Dance Department*
Ocala, FL

Nov. 2004 ***On Making, On Going***
MFA Thesis Concert, Co-Artistic Director, Choreographer and Performer produced in collaboration with Tennille Lambert for partial fulfillment of the Master of Fine Arts Degree in Dance

Nov. 2004 ***I Take It All Back***, 5 women dancers, 5 minutes music: Mark Russell,
OutEast

Nov. 2004 ***Lost Vibes***, 3 men dancers, 8 minutes music: Jeff Beck, *Where Were You* and Jeffrey Rolf, original compositions
Acoustic Bass Grove and *Electric Bass Improvisation*
Video projection shot and designed by Mary Heller (Telematics used in rehearsal, live musician got sick and could not perform for Telematic perf.)

Jan. 2004 ***Break, O Heart, What Does it Matter?*** solo, 3 minutes
Choreographer/Soloist
featuring live vocals by Holly Matyas and live piano by Tim Prepiscius music: Schumann, *Er, der Herrlichste von allen* from *Frauenliebe und Leben*

- May 1989 **Ear to Stone, Jim Clouser Choreographer**, duet, 10 minutes **Reconstructionist/Dancer**
 – **Mary Heller** - poetry: John Giorno music: Giacomo Puccini, tenor aria from *La Boheme* - *Nancy Smith Fichter Dance Theatre*,
Florida State University, Tallahassee, FL
- Jan.-Feb. 2004 **28 Degrees**, 4 dancers, including one vocalist, 8 minutes featuring live vocals by Holly Matyas sound design: Mary Heller
The Joint – FAMU and FSU concert
Lee Hall, Florida of Agriculture and Mechanical Engineering University, Tallahassee, FL
- March 2002 **SatchDance - One People**, 5 duets, 10 solos and group dance, 1 hour and 15 minutes
Original Concept/Artistic Director, Choreographer and Performer
Pick-up company auditioned & paid for by patrons, August 2001-March 2002
 choreographers/dancers; **Robert Ajwang** Tanzanian village African Dance; **Lisa Cregan O'Brien** Irish Hard/Soft Shoe Dance; **Nicole Durfee** Modern Dance; **Mary Heller** Jazz; **Millicent Johnnie** Hip Hop; **Eric Lehman** Waltz Ballroom; **Brian Mason** Tap; **Melinda Patrick (Oriental)** Middle Eastern; **Jorge Robledo** Flamenco; **André Zachery** Ballet - music: **Joe Satriani**, various works – projected imagery by Rick Mattox
 Filmed before an invited audience for DVD Demo to distribute to producers - <https://youtu.be/VPoEozwNzUs>
Quincy Music Theatre, Quincy, FL
- Jan. 2001 **Ava Maria**, solo, 4 minutes **Volunteer Choreographer** featuring live vocals by Ted Kopczynski music: Shubert's *Ava Maria* liturgical dance performed by **Robyn Beening; Steve Heller Director**
St. Hubert Church, Hoffman Estates, IL
- May 2000 **For Jim**, solo and duet, 3 minutes
Soloist & text: Mary Heller music: Joe Satriani, excerpt from *Champagne? Collage Dance Festival 2000: A Cascade of Dance - A Tribute to James Clouser*
 Lisa Racina Director *Campus Theater, Denton, TX*
- March 1998 Filmed excerpt used in **"Satchdance – One People"**, pas de deux, 1 and a half minutes Music: Joe Satriani, Cool #9
Michael Anderson of the *Joffrey Ballet* and **Julia Leihman** of *Chicago Theatre Ballet* dance for film
 shot at the *Joffrey Ballet Studio* in Chicago, IL
- May 1996, May 1997 **D.A.R.E. To Reach Fashion Show**, 61 models, 2 hours **Volunteer Choreographer**
 Runway walking, sequencing of models and music (wide variety used) and dances for models.
 Barb Newmark and Gail Meyerson: Directors in care of District 102 PTO
Marriot Hotel, Schaumburg, IL
- June-Aug. 1996 **Junior Pom Pom routine for State Pom Pom Competition**, 28 girls, 3 minutes
 music: collage *Wheeling High School, Wheeling, IL*
- May 1994 **Wedding Reception Dance**, duet, 3 minutes music: anything to a waltz
 Clients: Howard and Julie Wallach *Wheeling, IL*
- Sept. 1994 - Present** **Choreographed and Taught over 280 Girls Floor Routines that have placed in U.S.A.G. Local, State, Regional, National and Olympic Trial Competitions Regions 5, 8 & 2** Over 80 Level 10, including Olympic Trial alternates, over 60 Level 9, over 60 Level 8, and over 60 Level 7-Some Level 10 and 9 routines were also used for High School Gymnastic competitions. Gymnasts have included Lindsey Borkan, Brittany Howse, Katie Burke, Leah Johnson, Beth Klieman, Beth Rizzo, Michelle McGrady and Lori Ponsler to name a few - *Buffalo Grove Gymnastics (IL), Bartlett Gymnastics (IL), American Academy Gymnastics (IL), International Gold Gymnastics (FL), Palouse Empire Gymnastics (ID), and The Prescott YMCA Gymnastics Club (AZ)* - IL, FL, ID, & AZ
- July 1992 **Navy Pier Fashion Show**, 36 models, 45 minutes
Choreographer as well as Model
 music: collage
Salvatorie Photographer & Director *Navy Pier, Chicago, IL*
- May-Aug. 1992, May-Aug. 1991 **The National Reebok Aerobic Competition, 1991 Midwest Regional Men's Division**
 3 minute solo **Choreographer and Coach, Music Editor (collage) and Costume Designer**
Mike Spear - Competitor *Mt. Prospect, IL*

- May 1991 **The Soldiers' Tale**, 7 musicians, 1 narrator, 2 actors and 1 dancer, 1 hour
Soloist; Choreographer/Dancer/Actress
 music and play: Igor Stravinsky
 performed by **The Chicago Chamber Musicians** including; **Lawrie Bloom** Narrator **Byrne Piven** The Devil
George Keating The Soldier **Mary Heller** The Princess
Northwestern University, Evanston, IL and DePaul University, Chicago, IL
- Aug. 1990 - **The Annual District 214 High School Dance Festival/District Senior Dance**
 May 1991 12 dancers, 4 minutes music: Joe Satriani, *Always With Me, Always With You-*
Elk Grove High School, Elk Grove, IL
- Oct. 1988 **You're a Good Man Charlie Brown**, 8 actor/singer/dancers, 2 hour production
book, music and lyrics: Clark Gesner *The Heights Theatre, Denver, CO*
- Tiamat.Pythos.Snake. Kur: Stories from the Great Below**, trio, 1 hour
Choreographer/Dancer music:
 collage
Storytelling/Dance Collaboration with Karen Steele and Judith Jerome
O' Sullivan Theatre, Regis College, Denver, CO
- Nov. 1988 **Living Art Forms**
BA Senior Concert, Artistic Director, Choreographer and Performer produced
 for partial fulfillment of the Bachelor of Arts Degree in Dance
Loretto Heights College, O' Sullivan Theatre, Regis College, Denver, CO
- Nov. 1988 **Recursive Rhythms**, 5 dancers, 5 minutes **Choreographer and Dancer** Live
 accapella tap dance work
- Nov. 1988 **MANIK**, 6 dancers, 6 minutes **Choreographer and Dancer**
Music: Martha Yordy, original composition
- Nov. 1988 **In a Day**, 5 dancers, 8 minutes music: collage
- Nov. 1988 **Banquet (A Feast for the Eyes and Ears)**, 10 dancers, 45 minutes
Choreographer and Dancer
 Live, improvisational vocals: Mary Heller and Dain Shuler music: Dain Shuler and
 Todd Moore, original compositions Concept created and inspired collaboratively
 by Mary Heller and Dain Shuler
- March 1988 **Sacred Dance Lenten Celebration**, 5 dancers, 6 minutes music:
 collage
The Sacred Dancers of St. Ignatius Loyola Church; Barbara Ingram Coordinator, Denver, CO
- Oct. 1986 **Ron Barnes European Fashion Revue**, solo, 6 minutes
Choreographer/Soloist: Jazz/Improv
Ron Barnes Director *The Tabor Center, Denver, CO*
- July 1986 **Taste of Chicago**, solo, 20 minutes main outdoor stage in downtown Chicago, IL
Choreographer/Soloist: Middle Eastern Dance influenced Improv
- June 11 - Aug. 1985**
and
June - Aug. 1986
The Crystal Balloon Telegram Agency - \$30 performance plus tips, miles not reimbursed.
Belly Dancer - Telegrams - 10 minute Dance with champagne & grapes.
Literally hundreds performed for Birthdays, Anniversaries, Functions, including the owners of the
Chicago Sun-Times Newspaper
Hundreds of homes, businesses and outdoor areas, Chicagoland, IL
- Aug. 1981- **Break, Pop in Lock, Vogue-ing, Street Jazz, House Juke & scratching**
 1985 **My High School open spaces, friends, challengers and the streets of Chitown Chicagoland, IL**